

Nicolas

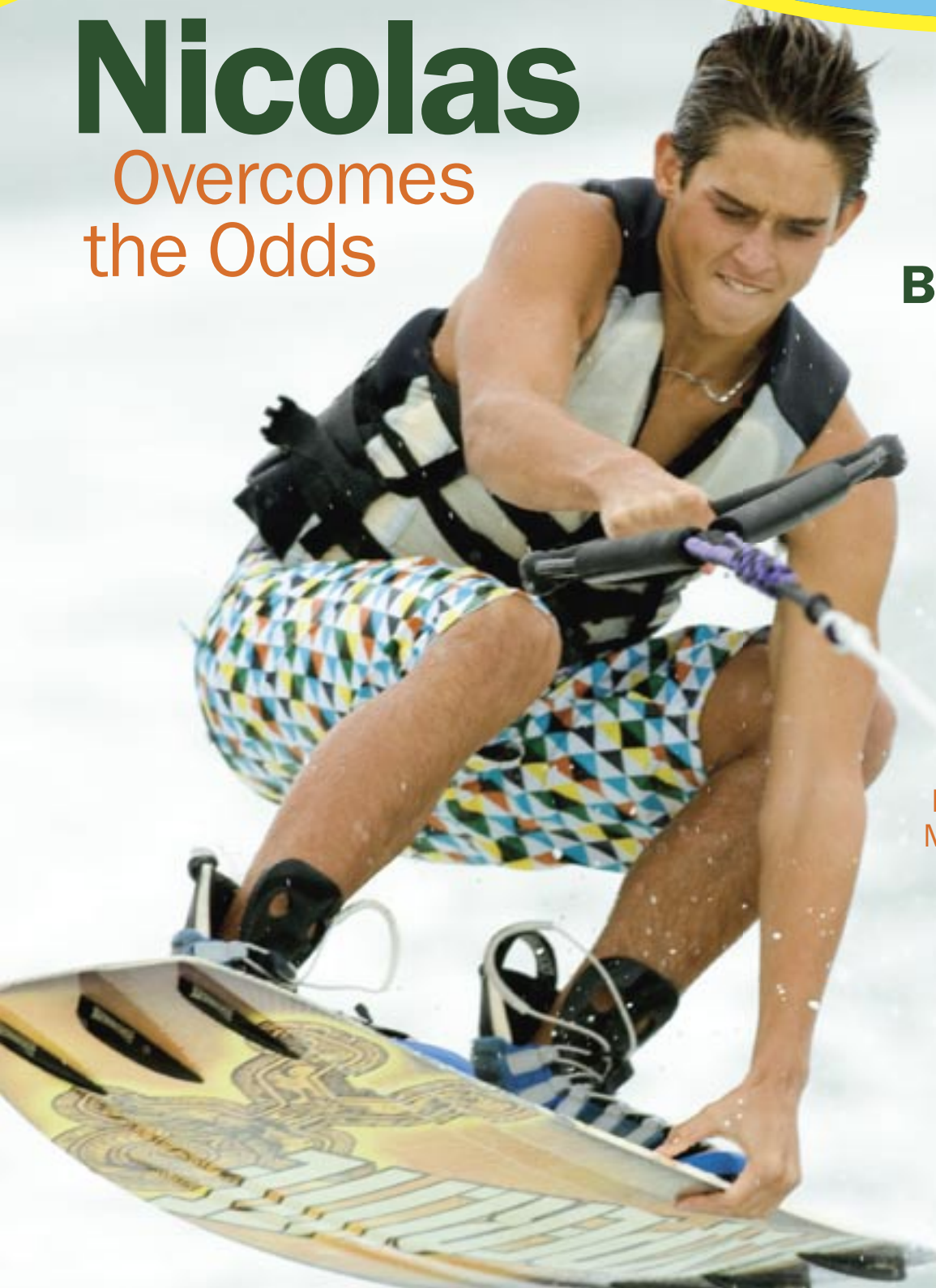
Overcomes
the Odds

Bone Marrow Transplant Program

Providing a Cure for
Life-Threatening
Sickle-Cell Anemia

Not Your Normal Headache

Learn How to
Prevent and Manage
Migraines in Children



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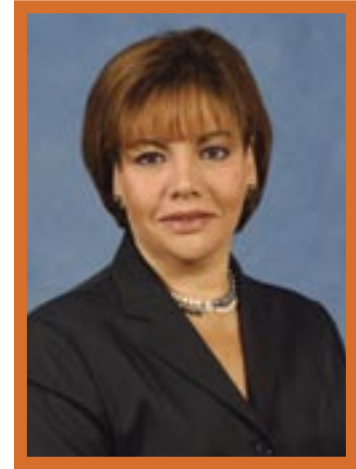
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Dear Friends,

South Florida is known for its numerous recreational activities, particularly when it comes to water sports. Nicolas Dell'Oca, an active 14-year-old, was enjoying another day on the water when he experienced a wakeboarding accident that could have cost him his life. However, thanks to quick intervention by the physicians and medical staff at Miami Children's Hospital, Nicolas has completely recovered and is back to practicing the sport he loves. Learn more about the role Miami Children's played in his recovery on page 3.

Our feature in this issue discusses a medical condition known as sickle-cell anemia. In difficult-to-manage cases in which children are at risk for or are experiencing strokes, a bone marrow transplant offers a cure and is available at Miami Children's through the Bone Marrow Transplant Program. The skilled medical team in this program helps children to overcome sickle-cell anemia and live normal lives. Read more about what is involved on page 4.

If you have young children, chances are you have heard about the controversy surrounding the use of plastic bottles to feed infants. On page 6, we present the facts about plastic bottles to help you make an informed decision about what is best for your child.

In addition to these topics, this issue covers migraines in children, a tutoring program available at the hospital and even swimming lessons to help your child learn how to swim safely. We hope you find this information useful, and we thank you for your support of our services in the community.

Sincerely,

M. Narendra Kini, MD
President and
Chief Executive Officer

MIAMI CHILDREN'S HOSPITAL

Deise Granado-Villar, MD
Interim Chief Medical Officer and
Vice President of the Medical Staff

MIAMI CHILDREN'S HOSPITAL

Overcoming the Odds

PATIENT PROFILE:

Nicolas Dell'Oca

Nicolas Dell'Oca was a lively 13-year-old—very active and into athletics, especially extreme sports. Then, a day that started off with fun on the water ended in a terrible accident.

October 21, 2007 is a day Maria Dell'Oca will never forget. While wakeboarding at Key Biscayne, Maria's son Nicolas decided to try to complete a 360—a wakeboarding trick that involves making a complete spin in the air. While attempting to perform the stunt, Nicolas' neck became entangled in the rope and the boat dragged him, breaking the C2 vertebrae that helps support the head.

"I was extremely worried and frightened because, at the time, I did not know what was wrong with my son," says Maria. "After calling 911, the paramedics arrived and immediately rushed him to Miami Children's Hospital."

HOPING FOR THE BEST

While at Miami Children's, Nicolas was under the care of Sanjiv Bhatia, MD, staff neurosurgeon at the hospital. Through what seemed like a miracle, Dr. Bhatia evaluated Nicolas and discovered that no major surgery was needed. "Neck injuries often are severe and require extensive surgery and recovery times," Dr. Bhatia says. "Fortunately, Nicolas' injury only required him to wear a halo brace, which prevents the head and neck from moving in order to give the injury time to heal properly."

Nicolas remained in the hospital while doctors helped him adjust to wearing the halo.

"I was grateful Nicolas didn't have to stay at Miami Children's longer than 10 days," says Maria. "The physicians and staff were wonderful. I was at ease knowing they would take excellent care of my son."

Even though Nicolas had to wear the brace for three months, he was allowed to swim when the halo was removed, which Dr. Bhatia recommended to help him recover.

BACK TO WAKEBOARDING

Today, Nicolas is 14 years old and has tried wakeboarding many times since recovering from his accident, much to his mother's dismay.

"Nicolas loves the water. There is really nothing I can do to stop him from wakeboarding," says Maria. "However, every time he is out on the water, I cannot say I'm not scared he will have another accident—I am his mother."

Dr. Bhatia has advised Nicolas to avoid playing football or other contact sports, but thankfully, Nicolas will still be able to participate and compete in his favorite sport—swimming.

"I will always recommend Miami Children's Hospital to parents in an emergency or for neurological care," says Maria. "I was completely thrilled with the care Nicolas received and the kindness and comfort the medical team gave to my family. I can't thank them enough."

"When Nicolas first had his accident, I felt very confused because I wasn't sure what was wrong. The staff at Miami Children's Hospital helped to ease the tension and assured me they would take good care of my son."

—Maria Dell'Oca, mother of 14-year-old Nicolas Dell'Oca

FUN FACTS ABOUT NICOLAS

FAVORITE...

FOOD: lobster

HOBBIES: spear fishing and any water sport you can think of, especially diving and swimming

MOVIES: *Forrest Gump*

SCHOOL SUBJECT: math





A Cure for Sickle-Cell Anemia

Thanks to the advanced treatment options offered by the Bone Marrow Transplant Program at Miami Children's Hospital, many patients with life-threatening sickle-cell anemia can get the care they need close to home.

Did You Know?

Sickle-cell disease occurs more often in people from parts of the world where malaria is or has been common.

- It is believed that people who carry the sickle-cell trait are less likely to catch malaria.
- One in 12 African-Americans has the sickle-cell trait.
- Sickle-cell disease is found in one of every 500 African-American babies.

According to the U.S. Department of Health and Human Services, more than 70,000 people living in the United States have sickle-cell anemia, also known as sickle-cell disease. Traditional anemia is defined as a decrease in normal levels of hemoglobin—the protein in the cells responsible for carrying oxygen. This means the body has to carry more blood around the body to deliver the same amount of oxygen to organs and tissues. Ordinarily, red blood cells are round and flexible and flow easily through blood vessels throughout the body. In individuals with sickle-cell anemia, however, the red blood cells have abnormal hemoglobin content—which causes them to become C- (or sickle-) shaped and stiff.

“When the cells are sickle-shaped, they can get stuck in tiny blood vessels, cutting off blood supply and causing pain and, in some cases,

organ damage,” says John Fort, MD, Director of the Bone Marrow Transplant Program at Miami Children's. “In addition, sickle-shaped red blood cells break down and die more quickly than normal. This is what causes the anemia.”

SYMPTOMS OF SICKLE-CELL DISEASE

Sickle-cell anemia's effects can vary greatly from one person to the next, but a few common problems are associated with the disease. Some of these include:

- **Anemia.** Individuals with sickle-cell disease do not have enough hemoglobin to carry oxygen to their tissues. For this reason, affected individuals often are pale, tire easily and experience shortness of breath.
- **Episodes of pain.** Periodic episodes of pain—known as crises—are the most common symptom of sickle-cell disease. Crises develop when sickle-shaped cells pile up and

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block blood flow to various areas of the body. The pain may vary in intensity and can last from a few hours to a few weeks. Some people experience only a few episodes of pain each year while others may have a dozen or more every year.

- **Hand-foot syndrome.** This condition is characterized by severe pain in the hands and feet and is most common in very young children. Swollen hands and feet are often the first sign of sickle-cell anemia in infants. Babies also may develop a fever, which is usually treated with pain medication and fluids.
- **Frequent infections.** Sickle-cell disease can damage the spleen, which helps the body fight infection. For this reason, infants and young children with sickle-cell disease have an increased risk of contracting serious bacterial infections, such as pneumonia and meningitis. Infections are a major cause of death in children with the disease.
- **Jaundice.** Yellowing of the skin and eyes may occur as red blood cells die, a process called hemolysis. As these cells die, jaundice also may result from the liver's inability to process the broken down hemoglobin. In individuals with dark skin, jaundice is most visible as a yellowing of the whites of the eyes.
- **Gallstones.** With increased hemolysis, patients also may develop gallstones at a young age, which can potentially block outflow from the gallbladder, causing bilirubin—the cause of the yellow discoloration associated with jaundice—to overflow into the bloodstream.
- **Stunted growth.** The body needs oxygen in order to grow. For this reason, a lack of healthy red blood cells caused by sickle-cell anemia can slow growth in infants and children and delay puberty in teenagers.
- **Vision problems.** If the tiny blood vessels in the eyes become blocked with sickle-shaped cells, vision problems and even blindness can occur. Individuals with sickle-cell anemia should have their eyes checked regularly.



HELP IS HERE

While patients with sickle-cell anemia have enough hemoglobin to survive, the symptoms can make life very uncomfortable. Many treatment options are available for sickle-cell anemia—such as blood transfusions, medications and supplemental oxygen. However, children whose conditions are difficult to manage, cause them to have strokes or put their lives at risk can find a cure through bone marrow transplant.

Bone marrow is a spongy tissue found inside bones. The marrow in certain bones throughout the body contains stem cells, which are responsible for producing the body's blood cells. In a bone marrow transplant, a patient's defective stem cells can be replaced by stem cells from bone marrow, peripheral blood or umbilical cord blood from a donor.

The Bone Marrow Transplant (BMT) Program at Miami Children's Hospital provides comprehensive medical care for children with a variety of diagnoses, such as life-threatening sickle-cell anemia, cancerous tumors, leukemia and lymphomas. As a member of the National Marrow Donor Program and an accredited Foundation for the Accreditation of Cellular Therapy (FACT) facility, the program has access to a diverse donor pool that enables Miami Children's to locate unrelated donor matches and

perform the transplants right here at the hospital.

"Our program is part of the International Bone Marrow Transplant registry and the Pediatric Bone Marrow Transplant Consortium, which means we are involved in a number of clinical research protocols and have access to the very latest research data," Dr. Fort says. "It's our way of providing our patients with the best care and outcomes possible."

For more information about the Bone Marrow Transplant Program at Miami Children's Hospital, visit www.mch.com and click on "Medical Services."

All That Jazz

On September 5, 2007, Carmani Boozer, son of Carlos Boozer—forward-center for the Utah Jazz and one of the NBA's biggest stars—underwent a major procedure. The one-year-old child had been diagnosed with sickle-cell anemia and needed a bone marrow transplant. Although the procedure is risky for young children, the Boozers wanted to prevent potential damage to Carmani's body from the disease. After doing some research, they learned that Carmani could receive the transplant at Miami Children's Hospital, which was ideal since the family lives in Miami during the off-season. The procedure was performed, and little Carmani has been sickle-cell free ever since.

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Dive into Swimming Lessons

Miami Children's Hospital's Dan Marino Center now offers swimming lessons with the goal of helping all children feel safe in the water.

Open to children ages 6 months to 21 years, participants can choose between group and individual classes based on their needs and skill levels.

SOMETHING FOR EVERYONE

"Our staff is great at working with children of all needs," says Nicole Dino, Aquatics Coordinator at the Dan Marino Center. "We have participants with learning disabilities, hearing problems, autism, hyperactivity, Down syndrome and other disorders and disabilities. Water is very beneficial for the senses and helps to enhance the motor and cognitive skills of special needs children."

Before learning how to swim, instructors teach children how to stay safe in the water. Participants learn how to float on their backs, a basic survival skill that is key to preventing drowning. Staff members are water-safety certified—as well as certified in special needs swimming instruction—by the Dan Marino Foundation and Marino Swim Central.

"Our highly skilled and experienced staff are what make the Dan Marino Center a great place to learn to swim," says Al Rego, Regional Director of Ambulatory Services for Miami Children's. "We want parents to know their children are being taught by experts with specialized training."

SWIMMING AGENDA

In addition to floating, children also learn how to hold their breath, tread water and kick properly. Once students master survival skills, they are taught basic strokes, such as the breaststroke and backstroke. Staff members also use water toys, vision boards and other activities to make learning fun for children.

Classes last 30 minutes and are offered Monday through Friday from 10 a.m. to 7 p.m. For information about fees or registration for swimming lessons at the Dan Marino Center, call (954) 385-6295.

Could Plastic Bottles Harm Your Baby?

Plastic bottles have long been a clean and convenient way to feed your baby, but with risks that have been exposed recently, it can be difficult to determine if they are right for your newest addition.

While plastic baby bottles are a lightweight, less breakable alternative to glass bottles, recent tests by the National Toxicology Program (NTP) show that some may contain a potentially harmful substance called Bisphenol A (BPA).

BPA is a chemical used in polycarbonate plastic, which is found in everything from bicycle helmets to medical equipment. Potential health risks arise when plastic bottles endure extreme heat or undergo intense wear and tear. If bottles containing BPA are

What's in a Number?

The little number on the bottom of your plastic bottle may seem insignificant, but it tells a lot about the container and potential health risks, including Bisphenol A.

heated for too long, the chemical can leach into the liquid within.

The NTP stated it has some concern regarding the effects of BPA on babies, although there is insufficient evidence from studies on humans to indicate a direct health threat.

Although warnings about BPA may seem startling, you can protect your baby from exposure to the chemical using the following tips:

- Look for bottles made from non-polycarbonate plastics.
- Do not microwave bottles made with BPA.
- Avoid using harsh detergents when washing baby bottles made with polycarbonate plastic.

To find a pediatrician on staff at Miami Children's Hospital, call (888) MCH-DOCS (624-3627).

Recycle Symbol	Found in	Potential Dangers
 PETE	two-liter bottles, peanut butter jars and cooking oil bottles	none
 HDPE	milk jugs and detergent bottles	none
 V	shrink wrap, water bottles, outdoor pipes and salad dressing containers	none
 LDPE	trash can liners, produce bags and dry cleaning bags	none
 PP	bottle caps and drinking straws	none
 PS	meat trays, packaging pellets and Styrofoam cups	none
 Other	some baby bottles, water bottles and food containers	contains potentially harmful Bisphenol A, which could affect infant growth

Source: www.recyclenow.org

Will Smith Visits Miami Children's

Will Smith spread cheer to young patients while visiting the playroom at Miami Children's Hospital on November 17, 2008. ►



The multitasking star gave away various videos and toys to patients before taking pictures with each child. ▲

Michael Reyes, a patient at Miami Children's Hospital, rapped along with Will Smith to the theme song from *The Fresh Prince of Bel-Air*. ►

Mark Your Calendars!

The following classes are held on a monthly or quarterly basis at Miami Children's Hospital (MCH).

Please call (305) 662-8282 for further information.

Parenting Boot Camp

Parenting Boot Camp is a creative and interactive class for parents and soon-to-be parents. Facilitators assist expectant moms and dads down that unfamiliar path of life's journey called parenthood. Our goal is to help new parents learn the value and importance of interacting with their babies in ways that will ensure an attached and bonded relationship.

Highlights of this program include instruction on diaper changing, bathing, appropriate dress, crying, how to recognize when a baby is sick, feeding, developmental stages and child development activities.

New Sibling Class

This program is designed to prepare children ages 3 to 7 years old for a new

brother or sister. Positive sibling skills will be presented in a fun, interactive way that teaches children about the important contributions they can make as big brothers or sisters. Please call (305) 662-8282 for further information.

Infant Massage

Infant massage is designed for children from birth to 15 months. Our hands-on method ensures you will learn the art of interactive massage to suit your baby's individual needs and developmental level. Infant massage encourages relaxation for both parent and baby, promotes longer and deeper sleeping patterns and can relieve colic symptoms, among other benefits. Please call (305) 662-8282 for further information.

Stranger Danger

This workshop, sponsored by Miami Children's Hospital and the Child Assault Prevention (CAP) Project of South Florida, helps parents and children ages 5 to 12 prevent stranger danger and abduction. Children and parents

learn how to identify a stranger, child protection awareness, techniques strangers use, strategies on what to do when confronted with a stranger and self defense.

CPR Class

This course in pediatric CPR teaches parents, grandparents and caregivers how to administer CPR to infants and children. This class is available in both English and Spanish.

Child Passenger Safety

Child safety is our priority. Child passenger safety technicians will check your child's seat for defects, recalls, installation and fit. Please contact (305) 663-6800 for more information.

For a list of support groups, visit www.mch.com/patient/support_group.htm.



While pain medication can help reduce your child's pain, too much pain medication can actually lead to more migraines. If your child or teen needs pain medicine more than twice a week, speak with your physician for other treatment options.

Mom, My Head Hurts

Your son complains of a headache and wants to skip watching television and head to bed early. You know something isn't right, but could it be a migraine?

Migraines are fairly common in children and adolescents, affecting 4 to 10 percent of that population. But how do you know if your child's headache is actually a migraine, and what can you do if it is?

Elza Vasconcellos, MD, board-certified pediatric neurologist and Director of the Headache Center at Miami Children's Hospital, says the biggest difference is how severely your child is affected.

"Migraines are usually disabling," Dr. Vasconcellos says. "So if a child is having a migraine attack, he or she may stop activity and want to lie down. Your child may tell you or a sibling that you are speaking too loudly and may be sensitive to light and sound. The main difference is that with a regular headache, children can normally continue their activities, but with a migraine they have to stop."

Children and teens with migraines also may experience nausea or vomiting, tingling in their hands or feet, dizziness, numbness or problems with vision.

PREVENTING MIGRAINES

A variety of strategies can be taken to eliminate or minimize the number of migraines a child or teen suffers.

"The first approach is to try to identify the things and activities that trigger migraines, which may include sleep deprivation, not eating on a regular schedule, stress during the school year and certain foods," Dr. Vasconcellos says. "There is also a relationship between being overweight and suffering frequent migraines, so a healthy diet and regular exercise are important steps in prevention as well."

If lifestyle changes and avoiding triggers don't reduce the number of migraines a child experiences, a physician can suggest preventive medication for migraines.

TREATING MIGRAINES

Sometimes, no matter what preventive measures are taken, a child will still experience a migraine attack. In this case, there are a number of ways to help your child feel better.

"It is very important to treat headaches as quickly as possible,"

Dr. Vasconcellos says. "We have more success when beginning treatment early rather than after the migraine has progressed. We generally recommend that parents give the child ibuprofen and have him or her lie down as the first line of treatment. If over-the-counter medication is not effective, talk with your child's pediatrician to develop a treatment plan."

For more information about the Miami Children's Headache Center, visit braininstitute.mch.com/wiki/Headache_Clinic or call (305) 662-8330.



Miami Children's Hospital Employee Campaign

A Success

During the month of June in 2008, Miami Children's Hospital (MCH) and Foundation employees came together with the common goal of raising funds to make the lobbies in the hospital more child-friendly.

This project was suggested and adopted by team captains who represented most areas of the hospital. Through individual contributions, bake sales, raffles and a myriad of other creative fundraising initiatives, the employees were able to surpass the goal of \$25,000, which prompted grants from both MCH and the Foundation for a grand total of \$62,500.

BY THE HOSPITAL, FOR THE HOSPITAL

Traditionally, Miami Children's Hospital and Foundation employees have carried out successful internal campaigns. In 2007, they came together and raised \$25,000 to equip every inpatient room with a state-of-the-art DVD player—a project completed in early 2008. Following last year's accomplishment, the team captains decided to continue focusing on projects that directly impact the quality of care we provide our young patients.

The success of each employee campaign is measured not only by funds generated, but also by the number of employees who participate. The number of departments who achieved 100 percent participation in 2008 was impressive and exceeded all previous years' efforts.

Hospital and Foundation employees also have decided to involve their friends and families in these fundraising endeavors. During this year's campaign, several businesses joined in by offering cash and in-kind donations. Most notably, Moll Systems provided incentive prizes valued at \$5,000 to be given to

employees who chose to participate in the campaign. Cryo-Tech, Inc., also made a presence by presenting a cash donation toward this year's project. Special thanks go to all of the community businesses that made contributions to make our lobbies even more child-friendly.

A BACKBONE IN THE COMMUNITY

The success of the 2008 MCH Employee Campaign shows that Miami Children's Hospital and Foundation are strong pillars of the community, and their reputation extends beyond the physical hospital.

The generosity of MCH and Foundation employees underscores their commitment to the mission and vision shared by both—to continue to provide outstanding, state-of-the-art pediatric health care to all children. From medical departments to support services, all are committed to looking after the well-being of children. No matter what their illnesses may be or where they may be located, we are here for all children.

This article was provided by Alexandra Salcedo, Annual Fund Director for Miami Children's Hospital Foundation.



Special Thanks

It is always a source of pride to be able to show that Miami Children's Hospital employees are willing and able to devote their time, talents and contributions to making our services even better. This level of participation plays an important role in distinguishing Miami Children's from other institutions in the country.

Employee participation in fundraising efforts continues throughout the year and supports a variety of initiatives beyond the official MCH Employee Campaign. Once again, it is our staff that makes a difference.

Special thanks go to:

- Babycottons®
- Borders®
- Cryo-Tech, Inc.
- Ana Duarte, MD
- Equinox

- Façonnable
- A Gift Within
- Mike Lowell
- Lyons Salon & Spa
- Macy's
- Moll Systems

- Reneli Dry Cleaners
- The Resort at Singer Island
- Francesca Romana
- Tropical Federal Credit Union
- Wal-Mart

Diamond Ball and Private Concert

This event was held on October 4 and garnered \$12 million for Miami Children's Hospital Foundation, including a \$10 million donation from the Rafael Herrera family dedicated to research at Miami Children's Hospital. Chairs were Patricia and Tom Cornish, Vivian and Juan Carlos Mas, and Bibiana and Mario Murgado. Superstar Beyoncé Knowles was inducted into the Ambassador David M. Walters International Pediatric Hall of Fame.



MCHF and South Florida Golf Foundation's First Annual Golf Classic on the Blue Monster at Doral Golf Resort

On November 14, golfers took on the challenge of the Blue Monster course to test their skills à la Tiger Woods. Valeria Ocha, pro at Bonaventure Country Club in Weston, hosted a beat-the-pro contest.



TigerDirect.com

Through the generosity of a former MCH patient's family and employee of TigerDirect.com, TigerDirect.com donated a 32-inch plasma TV for the Orthopaedics Department waiting room.

Miami Children's Hospital Auxiliary Queen of Hearts Luncheon

The annual crowning of the new Queen of Hearts took place at Indian Creek Country Club on November 13. Reigning Queen Brenda Nestor Castellano, along with Luncheon Chair and former Queen Nicole Lozano, crowned the 2009 Queen of Hearts, Swanee DiMare. The event included a Neiman Marcus/Bal Harbour fashion show and the presentation of Swanee's Royal Court.



Taste of Harbor Beach

The Harbor Beach Marriott hosted the second annual "Taste of Harbor Beach" event, which featured delicious cuisine, refreshing spirits and spectacular silent and live auctions benefiting Children's Miracle Network. We would like to thank Jim Mauer, Brendan Mangan, Jay Marsella, Maryann Kenny and the entire Harbor Beach Marriott team for once again hosting this wonderful event.

Kohl's Grand Opening in Homestead

Kohl's recently opened their first location in South Florida and named MCHF as their charity of choice. Univision star Cristina was on hand for the official ribbon-cutting ceremony for the new Homestead store on November 7.

20th Annual Hardware Conference

The Hardware Conference was held at the Marco Island Marriott. Vendors from the hardware industry donated their product booths for the live and silent auctions, with proceeds benefiting Children's Miracle Network. This year's event raised over \$25,000. We would like to thank our dear friends Tom and Dale Chasteen (Ace Dealers) for organizing this great event for the past 20 years and for their unwavering commitment to raising funds for MCHF.

Priyanka Cup

The Pro-Am celebrity tournament was held at The Ritz-Carlton, Key Biscayne over the weekend of October 24. Hosts Karim and Gigi Alibhai and organizers from Cliff Drysdale & Associates recognized Miami Children's Hospital Foundation as the exclusive beneficiary of the event's proceeds.



First Annual University of Miami Dance Marathon

The six-hour event was held at the Hillel Jewish Student Center on the University of Miami campus. Over 100 participants had the opportunity to meet "miracle" families, who shared their inspirational stories. Thanks to Kimberly Thompson, Anjoly Ibrahim and the entire Executive Committee for their dedication in making the event a reality on the university campus and for raising funds for Children's Miracle Network.



Eighth Annual Hasbro Toy Sale

Shoppers got a jumpstart on their holiday shopping and took advantage of the great deals on all of the Hasbro brand toys at this event. A portion of the proceeds benefited Children's Miracle Network, and this year's sale raised over \$21,000. Thank you to Elias Perez, Raul Puga and the entire Hasbro Latin America team for another great sale.



Torch Relay for Children's Miracle Network

The Torch Relay visited South Florida with stops at Riverfront in Fort Lauderdale and Lummus Park on Miami Beach. Participants had the opportunity to meet one of our "miracle" families. Thank you to Marriott, its associates and vendors and everyone involved with helping to make this year's event a great success.



Costco Wholesale

Representatives from various Costco locations in South Florida presented a check in the amount of \$161,716.84, which was raised in one month during their 2008 Children's Miracle Network campaign. We would like to thank Costco employees and members for their continued support and friendship.

CMN News

We would like to welcome the following sponsors to the Children's Miracle Network family:

- Wal-Mart Neighborhood Market (store number 4617) in Pompano Beach
- Panda Express in West Kendall

"Miami Flavors" Cookbook

MCHF Community Council presented the "Miami Flavors" Cookbook at The Biltmore Hotel Interactive Cooking Luncheon featuring Chef Michelle Bernstein on Saturday, November 15.



J.P. Taravella Students Dance for Kids

Students at J.P. Taravella High School in Coral Springs organized a 12-hour Dance Marathon to benefit Children's Miracle Network. The students stayed on their feet throughout the night and raised over \$4,500. Thank you to Brian Zakarin and the DM committee for organizing this fun event.

"MIAMI FLAVORS" COOKBOOK ORDER INFORMATION

Name _____

Address _____

Phone _____ Cell _____

E-mail _____

Price per copy: \$19.95 + tax

PAYMENT: Cash ☐ Check ☐

Credit Card: AmEx ☐ VISA ☐ MC ☐ Discover ☐

Credit Card Number _____

EXP ____ / ____

Number of Books _____

Total Cost: \$ _____

Panda Express

Our friends at Panda Express restaurants held two fundraisers benefiting Children's Miracle Network. The restaurant on Sunset Drive in Miami raised \$960, and the new location in Coral Springs raised \$550. Thanks go out to Lisa Sousa and everyone at Panda Express for choosing Children's Miracle Network as the beneficiary for these two events.

Upcoming Events

January 2009:

St. John Boutique/Bal Harbour Shops opening

January 31 and February 1:

The 12th annual FIU Dance Marathon will be held at the University Park Campus Recreation Center in Miami. Participants will stay on their feet for 25 hours, and 100 percent of the funds raised will benefit Children's Miracle Network. For more information, please contact Ivett Iglesias at (786) 268-1827.

February 4:

In celebration of Emeril's fifth anniversary at Miami Beach, the Foundation will team with Emeril and *Ocean Drive Magazine* for an invitation-only event. For more information, contact Meschelle Huether at (786) 268-1847 or e-mail her at mhuether@mchf.org.

February 24:

IHOP restaurants will be hosting "National Pancake Day." Visit your local IHOP restaurant and enjoy a free short stack of delicious pancakes and make a donation to

Children's Miracle Network. In Miami-Dade, Broward and Monroe counties, all funds raised will benefit MCHF.

April 3-8:

Sigma Alpha Epsilon at UM will host their annual Paddy Murphy Week to benefit Children's Miracle Network. The weeklong fundraiser will include a concert, auction and other fun activities. In 2008, SAE raised \$11,000 for Children's Miracle Network.

April 26:

The Hugs and Kisses Family Fun Day at Aventura Mall will include a day of fashion and fun for the whole family. For more information, contact Danielle Pricken at (786) 268-1794 or e-mail her at dpricken@mchf.org.

May 15:

Miami Children's Hospital Corporate Golf Invitational will be held at the Biltmore Golf Course. For more information, please contact Ann Lyons at (786) 268-1830 or e-mail her at alyons@mchf.org.



We're here for the children

3100 Southwest 62nd Avenue
Miami, FL 33155

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Consult your physician before undertaking any
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IS SOMETHING YOU NEVER OUTGROW.



In *U.S. News & World Report's* 2008 listing of "America's Best Children's Hospitals," Miami Children's Hospital's pediatric specialty services were ranked among the best in the nation. The only licensed specialty hospital in South Florida *exclusively* for children, Miami Children's was also the only children's hospital in Florida recognized in more than one subspecialty category, including our heart and heart surgery program, our neonatology program and our neurology and neurosurgery program.

With a medical staff of more than 650 physicians and over 2,400 employees, Miami Children's is renowned for excellence in all aspects of pediatric medicine. And with more than 40 pediatric specialties and subspecialties, and Florida's only free-standing pediatric trauma center, Miami Children's is the hospital more families turn to in Florida.

In other words, when it comes to being there for the children, we've really done our homework.



3100 S.W. 62nd Ave., Miami, FL | 305-666-6511 | www.mch.com

Miami Children's Hospital is a not-for-profit 501 (c)(3) charitable organization.