AN EVIDENCE-BASED INITIATIVE TO REDUCE CAUTI IN THE PICU

Lisa Morgan, MSN, RN • Deborah Salani, DNP, ARNP, CPON, BC-NE, CPN • Nicole Sardinas-Lago, BSN, RN, CCRN, CPN • Christina McRay, BSN, RN

MIAMI CHILDREN'S HOSPITAL

MAGNET RECOGNIZED AMERICAN NURSES CREDENTIALING CENTER

Background

Catheter Associated Urinary Tract Infections (CAUTIs) are the most common healthcare associated infections (HAIs) that patients experience while being hospitalized. Approximately 80% of these infections are associated with the use of an indwelling urinary catheter (IUC). According to the Centers for Medicare and Medicaid Services (CMS), CAUTI is considered a HAI and; therefore, hospitals are no longer receiving reimbursement for CAUTI related treatment costs. CAUTI is a burden that increases hospital expenses, patient length of stay, and is associated with increased morbidity and mortality. It is not surprising why The Joint Commission (TJC) has recognized the prevention of CAUTI as a national patient safety goal for 2012.

(AACN Bold Voices, January 2012)

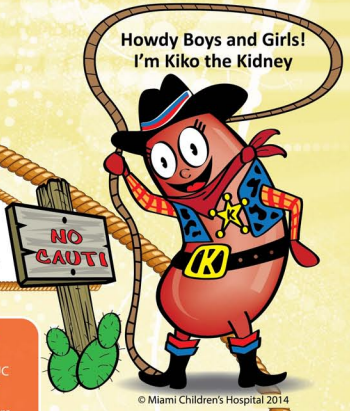
Purpose

The purpose of this initiative was to increase knowledge and awareness of CAUTI in the PICU and to standardize nursing care and surveillance of pediatric patients with an indwelling urinary catheter (IUC).

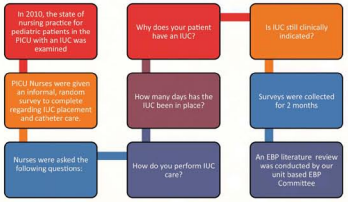
Goal

Implementation of evidence based practice strategies to enhance the delivery of patient care by:

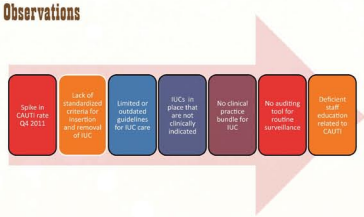
- Reducing CAUTI rate <2.0 per 1000 catheter days
- Standardizing nursing care for patients with an IUC
- Monitoring compliance to sustain positive outcomes



The Process



Observations

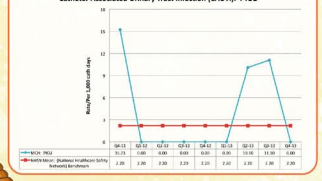


Action Plan

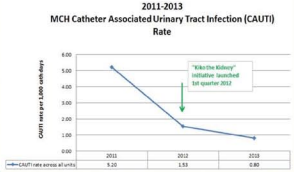
MCH Practice Bundle "Kiko the Kidney"

- A visual cue was created for all patients with an IUC Our colorful mascot was named "Kiko the Kidney"
- Small laminated cards were designed with a picture of Kiko including a standardized list of nursing interventions (practice bundle) to decrease CAUTI
- "Kiko" is placed, in a visible location, at the bedside for every patient with an IUC
- "Kiko" serves as a reminder for the nursing staff and medical staff to provide the necessary interventions to help reduce CAUTI!

Quality CAUTI 2011-2013

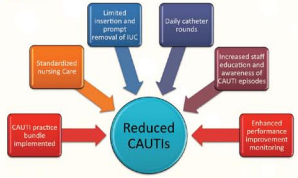


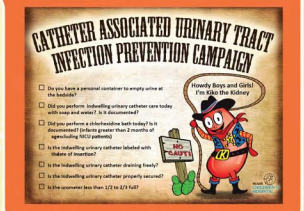
Decreasing Rates



Sustaining Performance

Outcomes

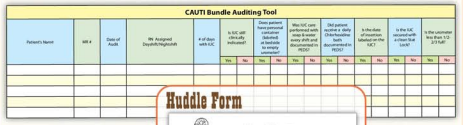




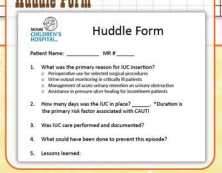
Discussions

- PI data revealed a spike in CAUTI rates which prompted this initiative
- Implementing practice changes in any setting requires:
- Continuous monitoring and surveillance
- Staff education and training
- Consistent reinforcement to achieve positive outcomes

CAUTI Auditing Tool



Huddle Form



Conclusions

- "Kiko the Kidney" is an effective visual cue for standardizing nursing practice
- Staff involvement is the key to implementing change
- Unit champions are instrumental in motivating and encouraging the staff
- Nurses play a vital role in creating and sustaining an evidence-based practice environment

Indwelling Urinary Catheter

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