



St. Clair Overcomes the Odds

Early Puberty

When a Child
Grows Up
Too Fast

Hurricane Season

Preparing Your
Child for a
Potential Storm

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Dear Friends,

With an increase in childhood obesity, we are seeing more and more children suffering related consequences ranging from diabetes to heart disease—and now, some children are entering puberty prematurely. This causes them to enter the world of adulthood before their time—and understandably presents some challenges. In this issue, you'll learn what to watch for and what you can do to help your child.

This issue also features St. Clair Clarke, a young man who is realizing his dream of playing football on his high school team once again, after kidney failure kept his bones from growing properly—and caused even the smallest steps to be painful. St. Clair underwent an innovative procedure at Miami Children's to lengthen the bones in his legs. Now, he is a healthy 18-year-old—and he's ready to hit the field this fall.

To help with the 2006 upcoming hurricane season, check out the article on page 8 that addresses topics ranging from talking to your children about television reports to preparing a family disaster plan. Visit our web site at www.mch.com for helpful information during a hurricane watch or warning.

This season and throughout the year, Miami Children's is here for the children in South Florida and beyond. Thank you for your continued support of our efforts.

Sincerely,

Christian C. Patrick, MD, PhD

**CHIEF MEDICAL OFFICER/SENIOR VICE-PRESIDENT
FOR MEDICAL AND ACADEMIC AFFAIRS**

MIAMI CHILDREN'S HOSPITAL



Overcoming the Odds

PATIENT PROFILE: **St. Clair Clarke**

After debilitating kidney failure kept the bones in St. Clair Clarke's legs from growing properly, he could only watch from the sidelines as others played his favorite sport of football. Now, thanks to the talented medical staff at Miami Children's Hospital, St. Clair can run like a normal 18-year-old and will suit up this fall to play defensive end for his high school football team.

In 2000, St. Clair's mother, Lita Clarke, began noticing that her 12-year-old son was having trouble walking because his legs were tilting inwards, which was wearing out the joints and resulting in painful and premature arthritis. His condition progressed to a point where he could no longer play sports or even walk without pain. He was diagnosed with genu valgum, more commonly known as knock-knees.

St. Clair had several surgeries at South Florida hospitals to correct the problem, but still complained of pain in his legs. It wasn't long before the family began to notice further problems.

"After the last surgery, he started itching and his bone cells began to develop very quickly, forming a knot where he had his surgery," says Lita. "When he was tested, we learned his kidneys were failing and causing his bones to deteriorate."

As a result, St. Clair's leg was unable to heal properly, and he was in need of a kidney transplant to survive. He was placed on the kidney donor list in December 2002.

Luckily for St. Clair, after undergoing kidney transplant surgery in July 2003, the Clarks were referred to Christopher Iobst, MD, pediatric orthopedic surgeon at Miami Children's Hospital and the only

provider of pediatric limb correction services in South Florida.

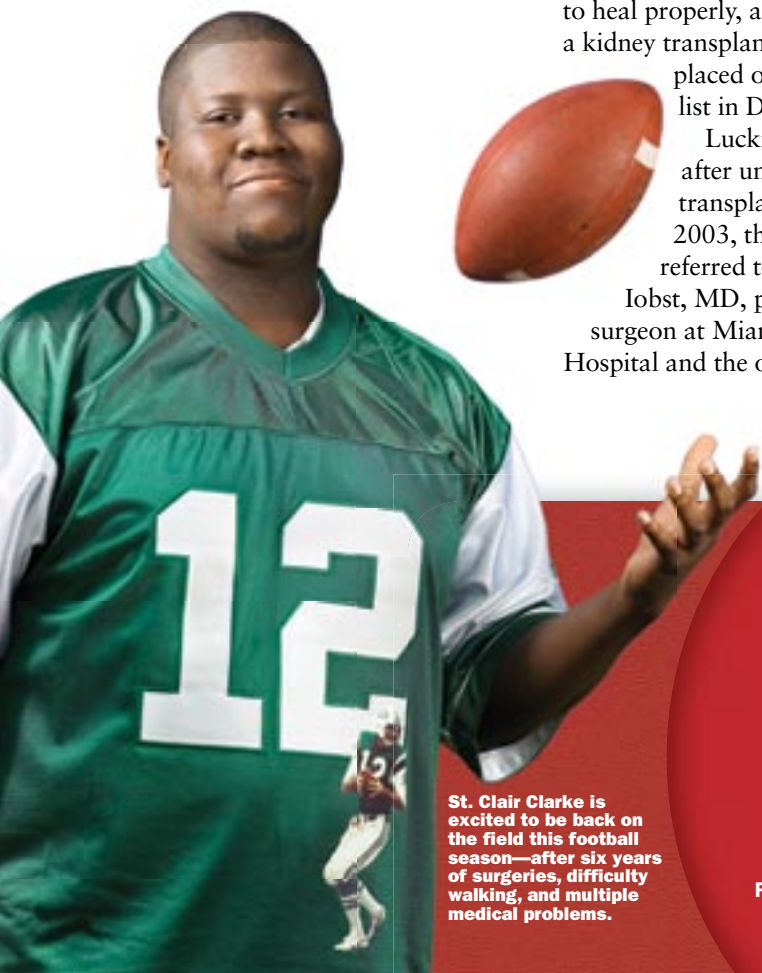
"When I first met St. Clair, he had significant deformity in both legs that kept him from walking," says Dr. Iobst, who specializes in limb lengthening and limb deformity corrections. "Because he had stopped growing, the best option was to cut his bone and realign it gradually by attaching a frame to his leg that could be adjusted."

Making the decision to go through another surgery was a difficult one, but St. Clair and his family trusted Dr. Iobst and the staff at Miami Children's.

"I was nervous and scared," St. Clair says. "I knew the surgery was a good decision, though, because Dr. Iobst is a great doctor who makes every effort to explain everything to me."

Dr. Iobst performed the surgery to straighten St. Clair's legs in April 2005. Today, after more than a year's worth of hard work, physical therapy and frequent doctor visits, St. Clair is finally able to run and reach his dream of playing football again.

"Dr. Iobst and Miami Children's have been so good to us," says St. Clair Clarke Sr., St. Clair Jr.'s father. "Dr. Iobst came to visit St. Clair even when he wasn't on duty and has given my son his life back. To me, that makes Miami Children's the best in the business."



St. Clair Clarke is excited to be back on the field this football season—after six years of surgeries, difficulty walking, and multiple medical problems.

FUN FACTS ABOUT ST. CLAIR

CAREER GOAL
Police officer

FAVORITE TV SHOW
Law and Order SVU

FAVORITE ACTIVITY
Playing football

FAVORITE MUSICIAN
Bob Marley



Growing Older

AT A YOUNGER AGE

You expect your 11-year-old daughter to exhibit signs of puberty soon or in the next few years. But what if she started her period as young as age 8? According to recent studies, this is happening more and more in America's children—and an increase in body fat could be to blame.

What to Watch For

GIRLS who develop the following symptoms under age 8 may have a rare medical condition known as precocious puberty:

- body odor
- acne
- start of menstruation
- rapid height increase or growth spurt
- breast development
- underarm or pubic hair development

Watch for the following signs in **BOYS** under age 9:

- voice gets deeper
- underarm, pubic or facial hair development
- body odor
- acne
- rapid height increase or growth spurt
- testicles or penis become larger

While the cause of early onset puberty is unknown, many theories exist. Studies on this recent trend point to an increase in body mass index (BMI), a measure of body fat based on height and weight in children. This increase—part of a nationwide childhood obesity epidemic—is causing a multitude of problems, from a growing number of Type 2 diabetes diagnoses in children to evidence of high blood pressure and heart disease as early as age 3. Now, early onset of puberty is another cause of concern.

MATURING BEFORE THEY'RE READY

Dealing with the physical implications of puberty is difficult enough for children. When this event happens earlier in life than their peers, the emotional confusion and social pressure can become overwhelming. Children experiencing early onset

puberty will need special attention to minimize any negative effects. Some of the emotional signs parents need to watch for are:

- depression, which includes withdrawal from the family, more or less sleep than usual, changes in eating behaviors, thoughts of guilt or unworthiness and an unshakable feeling of sadness
- changes in performance at school such as discipline problems or lower grades than normal for your child
- withdrawal from daily activities he or she once enjoyed

“Even though a child's body is developing, he or she may not be as emotionally or intellectually as advanced as he or she appears,” says Lorena Siqueira, MD, MSPH, pediatrician and Director of the Division of Adolescent Medicine at Miami Children's Hospital. “When





a girl looks like a 15-year-old but in reality is only 10 years old, she may be more likely to associate with older peers and get into high-risk behavior that she is not emotionally or cognitively ready to handle.”

KEEPING A CHILD A CHILD

Boys experiencing early onset of puberty often have to deal with the embarrassment of their voices changing at an early age. For girls, though, the physical changes are often more apparent, making them the target of teasing as well as attention from older boys. In addition, early maturation in females is often associated with more delinquent behavior, dropping out of school and teenage pregnancy.

All this can make children feel physically conspicuous, which can negatively affect their body image.

“If your child is developing early, constant support and increased sensitivity to your child’s needs will enable him or her to better handle these changes,” says Dr. Siqueira. “The focus for young children dealing with these issues should be on education and understanding.”

WHEN A MEDICAL PROBLEM IS TO BLAME

When girls under the age of 8, or boys under the age of 9, begin the process of puberty, this rare medical

condition is known as precocious puberty.

Children who experience true precocious puberty (see “What to Watch For” for symptoms) may be taller than their peers while they are developing, but when puberty ends, so does growth. This can lead to short stature as an adult.

“Parents should try to explain to their child that what is going on in their bodies is normal; it’s just happening to them earlier than most,” says Samuel Richton, MD, pediatric endocrinologist and Director of the Division of Pediatric Endocrinology at Miami Children’s Hospital. “Use language your child can understand and be sure your child’s physician uses similar simple language. While it’s easier to explain this condition to an 8-year-old than a 4-year-old, make sure they understand as much as they can for their age.”

IT’S A MYSTERY

Some links have been made to heredity (about 5 percent of boys and 1 percent of girls are believed to inherit the condition), but for many girls with precocious puberty, the cause may be unknown.

Cases that do have known causes include medical problems with the ovaries or thyroid gland, viral infections, head trauma or tumors of the pituitary gland or hypothalamus.

TREATMENT IS AVAILABLE

If you think your child may be experiencing precocious puberty, your first step would be an appointment with his or her pediatrician. A pediatrician can take X-rays of your child’s wrist and hand to see if bones are aging too quickly and order blood and urine tests to see if sex hormones are present. Tests such as computed tomography (CT) scans, magnetic resonance imaging (MRI) and ultrasounds can help identify causes such as the medical conditions listed earlier. Your child’s pediatrician may refer him or her to a pediatric endocrinologist at Miami Children’s Hospital for additional evaluation and possible treatment.

Depending on the cause of precocious puberty, different treatment methods are available. If there is an underlying medical condition, that condition will be treated accordingly. If, however, there is no known cause and your child’s physician deems it appropriate, your child can be placed on medications known as LHRH analogs, which may help slow or stop sexual development.

Certain children may not receive any treatment at all, such as girls who are developing breasts but display no other symptoms of precocious puberty. The pediatrician or endocrinologist follows these children closely to monitor their growth and development until they reach actual puberty.

“Any girl who has any signs of puberty before her 8th birthday or any boy who has signs of puberty before his 9th birthday should be evaluated for precocious puberty,” says Dr. Richton. “Parents shouldn’t wait to see what happens; have children evaluated as soon as possible. It’s also important that pediatricians perform a genital exam at every annual check-up to screen for possible precocious sexual development. Early detection and treatment are always best for any condition.”

For information on the pediatric services offered at Miami Children’s Hospital, visit www.mch.com and click on “Medical Services.”



Housing a Dream

The completion of a new 68,000-square-foot Ambulatory Care Building concludes a key phase of Miami Children's Hospital's "Building on a Dream" expansion and renovation program.

It's a dream come true for Miami Children's Hospital and the children of South Florida. The completion of the hospital's Ambulatory Care Building offers expanded space for many high-demand services, providing enhanced comfort and convenience for patients and families.

"This new structure enables us to better meet the needs of the fast-growing South Florida pediatric population," says Thomas M. Rozek, President and CEO at Miami Children's Hospital.

LEVEL 1

The first floor features the lobby and a new café to serve patients and staff from the entire campus. Miami Children's Pediatric Care Center is

also on the first level and focuses on a family-centered approach to overall wellness for children from birth to age 21.

LEVEL 2

The second level contains the renowned Congenital Heart Institute, where specialists have performed groundbreaking operations, including the world's first single-ventricle operation on conjoined twins in 2004. Also on the second level is the Plastic/Reconstructive Surgery Division and the Pulmonary Function Laboratory, which specializes in treating respiratory disorders including asthma, cystic fibrosis, pneumonia and tuberculosis.

LEVEL 3

The third level houses the Miami Children's Brain Institute (MCBI)—the



The new Ambulatory Care Building at Miami Children's Hospital is here.

first in the world devoted solely to pediatric neurosciences.

The "Building on a Dream" renovation and expansion program began in 2001 and includes new structures such as a raised helipad, MRI building and storm-resistant paneling to protect against hurricane damage.

Nip Brittle Bones in the Bud

Think osteoporosis is not something your children will have to guard against until later in life?

A pilot study uncovers a startling answer.

A Miami Children's Hospital researcher advises that children—especially those with multiple risk factors—receive regular screenings for osteoporosis, the brittle bone disease most commonly associated with post-menopausal women.

Hopeful that her findings will compel pharmaceutical companies to develop medication to help children with osteoporosis, Ana Paredes, MD, a Miami Children's nephrologist and Medical Director of the hospital's Clinical Research Center, is pioneering the nation's first study of osteoporosis in a pediatric population.

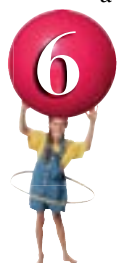
In 2003, Dr. Paredes began screening children ages 6 to 17 in at-risk categories, as well as children without known risk factors, to assess bone mineral density. Risk factors include having had more than two fractures in a year, medical use of steroids, inflammatory bowel disease, cystic fibrosis, collagen vascular disease (such as lupus) or having received a kidney, liver or heart transplant.

Data from the ongoing study—which was published in the November 2005 issue of the *Journal of the American Society of Nephrology*—reveals that 5 percent of the general pediatric population and 23 percent of at-risk children have significant loss of bone

mineral density that places them at high risk for bone breakage.

"Osteoporosis has its roots in childhood," says Dr. Paredes. "Around 90 percent of peak bone mass is acquired by age 18. Failure to achieve optimal peak bone mass represents a risk for osteoporosis, and needs to be addressed early on."

To participate in this groundbreaking study, bring your child to the Clinical Research Center at Miami Children's for a free, quick and painless bone mineral density test. No referral is necessary for those with childhood diseases or a family history of osteoporosis. Call Dr. Paredes at (305) 669-7116 to enroll.





Marriott®

Raising Money, Raising Spirits

For the past 25 years, Marriott International, Inc. has raised millions for Children's Miracle Network.

Marriott International, Inc. is recognized internationally for its dedication to children. Through its involvement with Miami Children's Hospital Foundation and the Children's Miracle Network (CMN) over the past 25 years, Marriott International, Inc. has raised more than \$25 million for CMN hospitals across the globe, including more than \$800,000 for Miami Children's.

"Families are a huge priority for Marriott, and there's no better way to help them than to start by helping out their children," says Darlene Deal, National Manager of Marriott Pride, the organization developed to promote the philanthropic efforts of Marriott hotels. "Because 100 percent of every penny raised for Children's Miracle Network stays in the community, we know that each dollar raised by associates of one of our properties is making life better for the children and families in that community."

KEEPING IT LOCAL

Within the past five years, the South Florida Marriott properties

have become especially dedicated to Children's Miracle Network, raising more than \$161,000 in 2005 alone. Through a series of innovative events, as well as the support of the Marriott Business Council, employees of the local properties have gone above and beyond to ensure that children in South Florida have access to care at Miami Children's.

"Many of our own associates have had an experience where CMN and Miami Children's have stepped up to the plate for them," says John Mulrey, General Manager of the Miami Airport Marriott and President of the Business Council.

"That experience has helped create a bond between our associates and the hospital that will last a lifetime. We've found that our associates are always willing to help with our projects supporting CMN."

In 2005, the Miami Airport Marriott held sales of hotel furniture and baked goods as well as a cultural fair to raise funds. Proceeds from these events—as well as the Business Council's participation in the Miles for Miracles Torch Relay, a golf tournament, and other events—all benefit CMN.

During this past year, Marriott properties in South Florida developed

innovative ways for hotel-held events, such as conventions and parties, to raise additional funds for CMN. During its 50th anniversary celebration, the Eden Roc, a Marriott property, donated a portion of proceeds from the silent auction to benefit CMN. The Harbor Beach Marriott collaborated with the Museum of Art in Fort Lauderdale during the King Tutankhamun and the Golden Age of the Pharaohs exhibit

Nationally, each full-service Marriott property donates \$1 from breakfast buffet plates sold to Children's Miracle Network (CMN).

and generated \$40,000 during a one-night VIP event to benefit CMN.

"We've been extremely

fortunate to have the support of the South Florida Marriott properties over the years, and our relationship has allowed us to expand our fundraising opportunities exponentially," says Maria Moldes, Director of Children's Miracle Network for Miami Children's Hospital Foundation. "Their commitment to the children of our community is inspiring."

For more information about donating to Children's Miracle Network at Miami Children's Hospital Foundation, contact Maria Moldes at (786) 268-1832 or e-mail her at mmoldes@mchf.org.



(From left) Maria Moldes, Darlene Deal, Sherry Blake, John Mulrey and John Hearn



Ready for the Storm

Even as the devastation of the past few years lingers in our minds, another hurricane season is underway. Learn how to ease your children's fears and help them prepare.

Most children thrive on routines and being in control. Every day they wake up, eat breakfast, go to school, do their homework and play with their friends. However, children can be anxious or afraid when their routines are disrupted by natural disasters such as hurricanes.

"Unfortunately, the risk of hurricanes is a reality of where we live," says Marisa Azaret, PsyD, Clinical Director of Behavioral Medicine at Miami Children's Hospital. "As we enter another season, it's important for parents to talk with their children and provide guidance and support in the case of an emergency."

Here are a few ways to help your child stay calm this hurricane season:

ENCOURAGE CHILDREN TO TALK. An approaching hurricane can increase the number of questions children ask. Provide concrete answers but be careful not to give too much information (especially to young children, who have vivid imaginations). Most importantly, make sure

your child knows you'll stay together through the storm.

GET READY TO GO. As you help your child pack belongings in case your family needs to evacuate, encourage him or her to include special items such as books, pictures and contact information of friends. Additionally, have your child help gather food, water and any medications for the family pet. This responsibility can help your child feel in control.

PREPARE YOUR HOME. If you are not evacuating your home, having your child help you in the preparations can be empowering. Give him or her tasks such as helping with storm shutters, setting out candles, bringing in plants and packing a three-day supply of water, medications and non-perishable foods.

WATCH TELEVISION TOGETHER. While it's okay to expose your child to knowledge of a coming storm, limit the amount of time your child watches television reports. Graphic images and startling

Learn More

Check out these local resources to help prepare your children for a hurricane.

MIAMI CHILDREN'S HOSPITAL

The Behavioral Medicine Department at Miami Children's is a great resource for hurricane preparation. For answers to your questions, call (305) 669-6503.

MIAMI MUSEUM OF SCIENCE & PLANETARIUM

Visit the online Storm Center at www.miamisci.org for a kid-friendly, interactive and educational look at hurricanes from the inside out.

AMERICAN RED CROSS

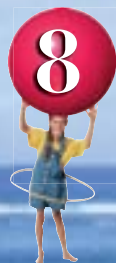
For assistance in creating a family disaster plan and emergency kits, visit www.redcross.org.

information can increase fear in children of all ages.

CREATE A FAMILY EMERGENCY PLAN. It's important to establish a plan to keep the family in touch during a hurricane. Let your child help you decide what family member or friend to call (an out-of-state contact is often best) if you're separated as well as where to meet. Make sure your child carries this contact information at all times (in a backpack or suitcase) to ensure your plan will work.

INVOLVE CHILDREN IN RECOVERY. Once the storm has passed, give your children responsibilities such as picking up sticks or brush that blew into your yard. This can help children find comfort and make them feel like life can return to normal. After a storm is also a great time to talk with your children about how they feel, because emotional trauma can take months to heal.

"Remember, children pick up on what parents are feeling so if you remain calm your children will often mimic you," says Dr. Azaret.



Trained for Excellence

Miami Children's Hospital was named a Top 100 Training Organization by *Training* magazine for 2006.

“When you have an organization dedicated to training employees to be the absolute best they can be, it has an impact on everything the organization does,” says Loubna Nouredin, Director and Corporate Coach of Staff and Community Education at Miami Children's Hospital. “At Miami Children's, comprehensive training enables us to provide the best patient care possible.”

Miami Children's is among industry leaders and Fortune 500 companies including IBM, Wachovia and General Mills in receiving this award. *Training* considered factors like how much money was allocated for training, number of hours employees spent in training, what training techniques were used and the number of trainers employed by the organization.

IMPROVING CARE

Miami Children's understands that money spent on training means continuous learning and improvement. The hospital has invested in on-site coaches for employees, leading-edge training technology, real-life simulations to sharpen critical-thinking skills and multiple other approaches to ensure its employees are ready for the challenges they face each day.

The hospital was awarded the Top 100 Training award on its first application—an impressive achievement.

“At Miami Children's we want to ensure our patients are in the best hands,” Nouredin says. “This honor is a testament to the strength of our staff and the quality of care we provide.”

To learn more about Miami Children's Hospital and the Top 100 award, visit www.mch.com.



Miami Children's moves to the head of the class in staff education and training, having recently joined the ranks of the nation's Top 100 Training Organizations.

Mark Your Calendars!

The following classes are held on a monthly or quarterly basis at MCH.

Please call (305) 662-8282 for further information.

Parenting Boot Camp

Parenting Boot Camp is a creative and interactive class for parents and soon-to-be parents. The facilitators will assist expectant moms and dads down that unfamiliar path in life's journey called parenthood. Our goal is to help new parents learn the value and importance of interacting with their babies in ways that will ensure an attached and bonded relationship.

Highlights of this program include instruction on diaper changing, bathing, appropriate dress, crying, how to recognize when a baby is sick, feeding, developmental stages and child development activities.

New Sibling Class

This program is designed to prepare children 3 to 7 years old for a new brother or sister. Positive sibling skills will be presented in a fun, interactive way that teaches children

about the important contributions they can make as big brothers or sisters. Please call (305) 662-8282 for further information.

Infant Massage

Infant massage is designed for children ages 0–15 months. Our hands-on method ensures you will learn the art of interactive massage to suit your baby's individual needs and developmental level. Infant massage encourages relaxation for both parent and baby, promotes longer and deeper sleeping patterns and can relieve colic symptoms, among other benefits. Please call (305) 662-8282 for further information.

Stranger Danger

This workshop, sponsored by Miami Children's Hospital and the Child Assault Prevention Project of South Florida (CAP), helps parents and children ages 5 to 12 prevent stranger danger and abduction. Children and parents will learn how to identify a stranger, child protection awareness, techniques strangers use, strategies on what to do when confronted with a stranger and self defense.

CPR Class

This course in Pediatric CPR teaches parents, grandparents and caregivers how to administer CPR to infants and children. This class is available in both English and Spanish.

Child Passenger Safety

Child safety is our priority. Child passenger safety technicians will check your child's seat for defects, recalls, installation and fit. Please contact (305) 663-6800 for more information.

For a list of support groups, visit www.mch.com/patient/support_group.htm.



Crossmark

Crossmark teamed up with Associated Grocers for a promotion and raised \$5,000 for CMN. Thank you to Linda Horn, our local Crossmark "miracle maker" for coordinating this promotion.



CMN News

2005 was a banner CMN fundraising year, and we'd like to recognize the top five CMN sponsors for Miami Children's.

- #1 Publix
- #2 Costco
- #3 Marriott
- #4 Wal-Mart/Sam's Club
- #5 RE/MAX

Thank you to all of our CMN sponsors for your unwavering support!

The employees of Miami Children's Hospital also participated in the CMN campaign. The top three fundraising departments in 2005 were:

- #1 Gift Shop
- #2 Food & Nutrition
- #3 Miami Children's Hospital's South Dade Center

The Mad Hatter Visits Aventura Mall

A "Mad Hatter Tea Party and Spring Bunny Parade" was held at Aventura Mall. The children enjoyed activities like making their own "Mad Hatter Hat," games and sing-a-longs with the costumed characters. The event raised \$1,200 for CMN. Thank you to Laura Nichols and everyone at Aventura Mall for hosting the event.

Key Club

The Miami Palmetto Senior High Key Club held a treasure hunt and candy sale and raised \$1,000 for CMN. Thank you to Jacob Dubin, Key Club President, the members of the Club and Peter Clayton, Key Club Faculty Advisor.

Legal Sea Foods

The Fifth Annual Legal Sea Foods holiday promotion raised \$7,500 for MCH Foundation. Legal Sea Foods donates a portion of gift certificate sales during the holiday season.

Breakfast with the Easter Bunny

The Shops of Sunset Place hosted the First Annual Breakfast with the Easter Bunny at Gameworks, and the event raised more than \$1,500. Thank you to the staff of the Shops and Gameworks for making this a wonderful fun-filled morning for all.



Miami's Most Photogenic Baby Contest

Miami's Most Photogenic Baby Contest was once again held at Aventura Mall. This year's event featured 349 children and raised \$8,134.50 for CMN. Thank you to American Performing Arts Network for coordinating the event and Aventura Mall for hosting it.



Team Carpetech, 2006 Champions!

McKesson's Foursomes

Corporate Golf Invitational

The 2006 MCH Corporate Golf Invitational hosted at the Biltmore Golf Course was a huge success. A special thanks to our gold medal sponsors Arellano and McKesson. The support of all our sponsors helped us raise \$90,000 to benefit Miami Children's.

Credit Unions for Kids

The Florida Credit Union League, Southernmost and Broward Chapters hosted a golf tournament and raised \$10,800 for CMN. Thank you to George Ferretti for organizing the tournament and to everyone who participated.

“Wild West” Hugs & Kisses Children’s Fashion Show

The 7th Annual XOXO Fashion Show co-chaired by Constance Fernandez and Lana Bernstein raised \$160,000 to benefit Miami Children’s. The “Wild West” theme had parents and grandparents giddy up to cheer the kids on as they strutted down the catwalk showing off the latest in children’s wear. Thanks to our presenting sponsors Atlantic Dental, Inc. and Hospitalists of America and to our Gold Sponsors Wachovia Wealth Management and Neff Corp, who helped MCHF exceed sponsorship goals. Our silver sponsors included Adrian Builders, Bayview Financial, B-Max, Jean Marie & Greg Kouri, GL Homes of Florida, DJ & Steven Kerr, Victoria & Carlos Lowell and Dr. Ginger Medel. Our Bronze Sponsors were Lily & Joe Azel, Claudia & Jonathan Jagid, Dany & Dwayne Johnson, The Landeiro Family, LBJ Family Foundation, Le Petit Papillon, Mastec, Miami Marketing Group, Marlen & Nino Perneti, Norma & Luis Quintero, Secada Productions and Jeanie & Gus Vidaurreta. Their generosity and concern for the children in our community are unparalleled, and we are so lucky to have their support. Thank you for your continued enthusiasm and for helping us provide the best medical care for the kids we serve.



Maritere Secada with her two children Jon Henri and Mikaela



Zachary Kerr



Victoria Pino



Co-chairs Lana Bernstein and Constance Fernandez with Dwayne “the Rock” Johnson

Upcoming Events

November 3

Hall of Fame Gala, Radisson Hotel Miami, 6:30 p.m. For more information please contact Ann Lyons at (786) 268-1830 or alyons@mchf.org.

November 8

Local participants of Marriott’s Torch Relay will complete their portion of the relay in South Florida. This year’s relay begins in Baltimore, Maryland, and ends in San Diego, California. For more information, please call (786) 268-1827.

November 16

Queen of Hearts Luncheon, La Gorce Country Club, 11 a.m. For more information please contact Ann Lyons at (786) 268-1830 or alyons@mchf.org.

November 18 & 19

Sixth Annual Hasbro Toy Sale. For more information, please contact Alexis Viera at (786) 268-1827.

FTD.com, a national Children’s Miracle Network sponsor, will donate 15 percent of its proceeds to CMN hospitals when orders are placed through www.cmn.org/ftd/php. Scroll down and find “Florida” and click on “Miami.” This is an easy and convenient way to order flowers/gifts for any occasion throughout the year, while benefiting CMN.



Adam Rosenfeld and his fiancé

FIU Dance Marathon

The Ninth Annual FIU Dance Marathon was a huge success! More than 200 dancers and volunteers attended this year’s event, which raised \$80,408 for CMN. Thank you to Walter Maldonado and the entire Dance Marathon Committee for their efforts in coordinating the event. A BIG thank you to local CMN sponsors Papa John’s Pizza and Crystal Springs Water for donating their products.



NOBU Miami Beach

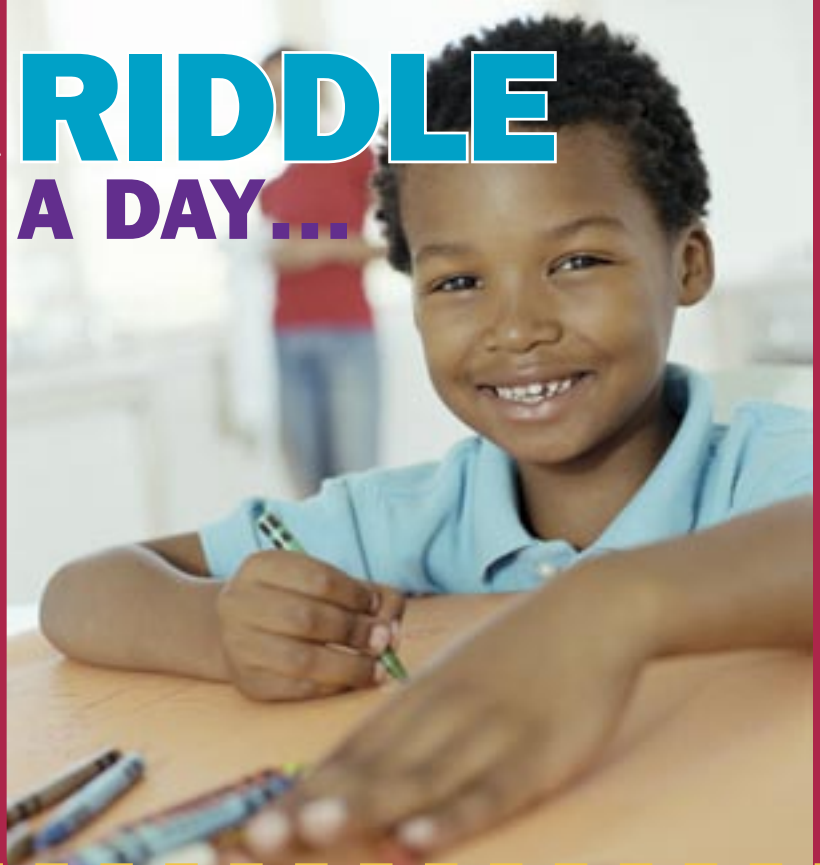
“Out with the Old and In with the New”—that was the theme of a fabulous celebrity auction hosted by NOBU Miami Beach at its ultra-trendy and very exclusive South Beach restaurant. NOBU staff took advantage of its renovations and, instead of tossing their B&B Italia leather chairs, they had celebrities sign where they sat. Michael Yo of Y-100 auctioned them live and helped raise more than \$22,000 to benefit Hugs and Kisses. We are so grateful to NOBU and their wonderful staff headed by Alessa Delgado and Aiko Fuji. The event was a huge success, fun and definitely out of the ordinary!

A RIDDLE A DAY...

Think you have what it takes to unravel riddles? Boost your brainpower with these.

1. The more of them you take, the more you leave behind. What are they?
2. What force and strength cannot get through, I with a gentle touch can do. Many in the streets would stand, were I not a friend in hand. What am I?
3. What three numbers have the same answer when added together and multiplied together?
4. What do you break every time you name it?
5. What has four legs, a head and sometime leaves?

Answers:
1. Footsteps
2. A key
3. 1, 2, 3
4. Silence
5. A table



In This Issue...

Find clues in articles throughout this issue of *Children's Gazette* to help you solve this puzzle!

ACROSS

5. A necessary mineral to build bone strength.
7. A condition that puts your bones at risk.

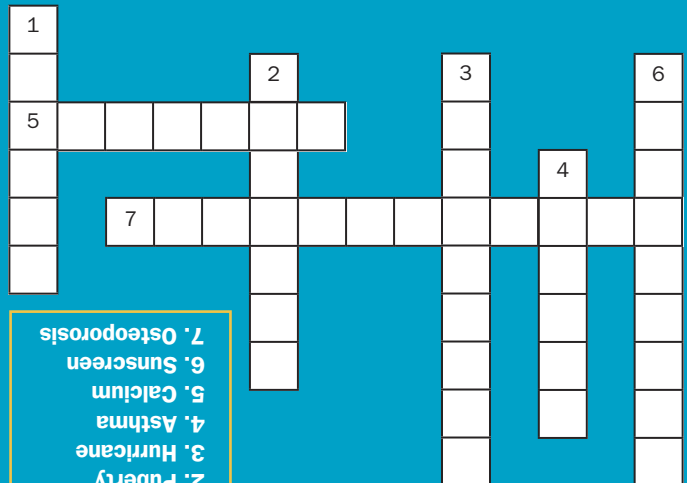
3. A severe tropical cyclone that has the power to destroy houses, roads and more.

4. A condition that makes it difficult to breathe and exercise.

DOWN

1. The person who works with you and your guardians to keep you in good health.
2. A time of change that often leaves you confused.

6. An important part of any summer day that will help you avoid burning.



Answers:
1. Doctor
2. Puberty
3. Hurricane
4. Asthma
5. Calcium
6. Sunscreen
7. Osteoporosis



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