A Year of Reaching Out

A report to the community 2005
Founded in 1950, Miami Children’s Hospital has more than 600 physicians and is renowned for excellence in all aspects of pediatric medicine. In addition to being the largest free-standing pediatric teaching hospital in the southeastern United States, Miami Children’s is the only licensed specialty hospital in South Florida exclusively for children.

MISSION:
To provide excellent family centered healthcare to children in an academic environment that meets or exceeds the expectations of those we serve and educate.

VISION:
Miami Children’s Hospital will continue to be recognized as one of America’s best children’s hospitals and as Florida’s academic center of pediatric clinical excellence providing a number of Centers of Specialty Pediatric Excellence nationally and internationally.

CORE VALUES:
We will always do what is best for each child.
We will always value those who serve the children.
We will always value diversity.
We will always value integrity and honesty.
We will always value leadership.

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Dear Friends:

2005 was another remarkable year for Miami Children’s Hospital and its medical staff as we reached out to the South Florida community and beyond to make the world a better place for children.

The hospital continued to embrace medical outreach, extending millions of dollars in care to underserved children and fulfilling its role as a safety net hospital. During 2005, the hospital expanded programs to reach children in need, including a new initiative to provide care for youngsters in migrant camps who often live below the radar of the local medical community.

Miami Children’s reached out to families throughout South Florida, expanding programs and services to meet needs. Notably, the hospital’s outpatient facilities in Weston and Palmetto Bay began offering new imaging services that will provide unprecedented convenience for families to the north and south of the hospital.

To ensure that children receive the very latest medical treatments, the hospital reached out to form a partnership with Quintiles, Inc., the North American clinical development subsidiary of Quintiles Transnational Corp. The alliance enables Quintiles – the world’s leading pharmaceutical services organization – and MCH to collaborate on clinical research, bringing more new medications, medical devices and diagnostic tools within the reach of the South Florida pediatric population.

Miami Children’s doctors and caregivers also extended our reach beyond South Florida to help children and families in need. After Hurricane Katrina pounded the Gulf region, Miami Children’s swiftly dispatched its LifeFlight® Medical Transport Team to help evacuate patients from Children’s Hospital of New Orleans. The team found countless ways to support the storm-torn communities, transporting patients and supplies to help sustain lives abruptly transformed by Katrina’s wrath.

Reaching beyond our nation’s borders, the hospital also expanded its commitment to the children of Haiti. In 2005, the hospital’s Division of Neurosurgery, in cooperation with the University of Miami School of Medicine, sent two medical teams to Haiti to provide life-saving procedures for children suffering from hydrocephalus, a disease that causes cerebrospinal fluid to accumulate within the brain.

With a year of remarkable outreach behind us, we extend heartfelt thanks to everyone who has made our leadership possible, including community leaders, donors, medical staff, employees and volunteers. Thanks to the energy, creativity and support of so many, Miami Children’s is proud to be here...for the children.

Sincerely,

Thomas M. Rozek
Rene V. Murai, Esq
Christian C. Patrick, MD, PhD
Anselmo Cepero-Akselrad, MD
As neighboring Gulf states reeled from the devastation wrought by Hurricane Katrina, Miami Children’s Hospital made the South Florida community proud in 2005 – reaching out to airlift critically ill children from storm-ravaged hospitals and providing care for some of the Gulf region’s smallest evacuees.

On August 31, a little more than a day after Katrina left New Orleans foundering in its wake, Children’s Hospital of New Orleans accepted Miami Children’s offer of help with the evacuation of its critically ill patients. By that evening, the hospital’s LifeFlight® Critical Care Transport Team was flying to the battered region.

A second complete crew including critical care nurses, pilots and a mechanic followed the next day aboard a Learjet, bringing needed medical supplies, medications, diapers, formula and other supplies to share with area hospitals. The two teams made it possible for the helicopter to fly around-the-clock, evacuating 24 children, infants and adults over the course of two days, much to the relief of exhausted Gulf region hospital personnel.

“None of us will ever forget this experience. Area hospitals and healthcare professionals were functioning bravely amid conditions that challenged the most experienced emergency veterans. Staff members were beyond exhaustion and there were critical shortages of essential supplies, including food and water,” said Maria Fernandez, MSN, ARNP, Director of LifeFlight®. “We felt privileged to serve those so desperately in need of rescue and relief.”

Meanwhile, Miami Children’s Hospital sought other opportunities to serve, joining with the Miami Veterans Administration Hospital, the American Red Cross and Coast Guard as part of a National Disaster Medical System effort to provide care for evacuees.

Within a 24-hour period, the hospital mobilized to join members of the team to receive and triage evacuees at the Coast Guard hangar at Opa Locka Airport.

“When the C-130 transport plane arrived, everyone in the hangar was completely silenced by the gravity of the situation,” said Jackie Gonzalez, MSN, ARNP, FAAN, Miami Children’s Senior Vice President and Chief Nursing Officer. The hospital triaged all arriving pediatric patients. Those requiring hospitalization were brought to Miami Children’s for follow-up care and staff helped them acclimate to the community.

No sooner had LifeFlight® crews recovered from the strenuous work in New Orleans than another chance to help neighboring communities blew their way in the form of Hurricane Rita.

The hospital offered its pre-storm evacuation services to Texas Gulf region hospitals, including Texas Children’s Hospital, and spent a day and a half helping move neonatal and pediatric patients out of the storm’s projected path.

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Caring for Katrina’s Victims at Home

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After Katrina, Rita Calls

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Welcome Mat for Wilma Victims

Miami Children’s staff rallied in the aftermath of two powerful hurricanes that caused widespread damage throughout South Florida. Staff worked diligently to meet the increased need for pediatric emergency services that followed in the wake of the storms. Also, the hospital’s Department of Preventive Medicine mobile health team traveled to Margate, one of the region’s hardest-hit communities, to provide medical assistance to children and families. The hospital worked in partnership with the regional Veterans Administration Medical Center to address the needs of storm victims.

Heartfelt Thanks

“It is with deepest gratitude that I extend thanks to the MCH family for serving the hospital and our community so ably throughout this difficult storm season. The support and dedication of the entire MCH family stands as an example of the highest professional and personal values,” said Thomas M. Rozak, President and Chief Executive Officer.

Reaching Out to Help Victims in New Orleans and Texas – and Back Home Again

“We felt privileged to serve those so desperately in need of rescue and relief.”

— Maria Fernandez
MSN, ARNP, Director of LifeFlight®
MCH FORMS PEDIATRIC CLINICAL RESEARCH ALLIANCE

The children of South Florida will have access to more of the latest medicines, thanks to a 2005 alliance for clinical research formed by Miami Children’s Hospital and Quintiles, Inc., the North American clinical development subsidiary of Quintiles Transnational Corporation.

The alliance enables Quintiles – the world’s leading pharmaceutical services organization with offices in 50 countries – and MCH to collaborate on clinical research that will give area investigators access to an increased number and variety of clinical trials, offer the children of South Florida access to new medications, medical devices and diagnostic tools, and provide an opportunity to train new clinical investigators at MCH.

“Clinical research enables Miami Children’s physicians and patients to participate in the process of healthcare innovation, by testing new alternatives to the standard of care. The alliance with Quintiles is an important catalyst to the growth of pediatric clinical research at MCH,” said Stuart Horowitz, PhD, Director of the Miami Children’s Hospital Research Institute.

As part of the agreement, Quintiles will assist MCH with enhancing its infrastructure to support more clinical research. Quintiles also will work with the hospital to expand access to clinical trials for established investigators and train new investigators to conduct clinical research under good clinical practice guidelines.

The Clinical Research Center at Miami Children’s is one of the largest providers of pediatric research in the region. The center is integrated throughout the hospital as well as among offices of investigating physicians, since many research protocols and follow-up visits are conducted in the clinicians’ offices. For more information on the Clinical Research Center, please contact the Director of Operations, Idania Machado, at 305-668-5576.

Reaching Out with Medical Research

OSTEOPOROSIS IN CHILDREN AND OTHER MCH RESEARCH INITIATIVES

A Miami Children’s clinical researcher is recommending that children – particularly those in high-risk groups – be routinely screened for osteoporosis, the brittle bone disease most associated with post-menopausal women.

Dr. Ana Paredes, a nephrologist and Medical Director of the hospital’s Clinical Research Center, has been conducting the nation’s first study of osteoporosis in a pediatric population. She hopes her findings will spur pharmaceutical companies to develop medications to help children with osteoporosis.

In 2003, Dr. Paredes began screening children ages 6 to 17 in at-risk categories as well as children without known risk factors to assess bone mineral density. Risk factors include having had more than two fractures in a year, use of steroids, inflammatory bowel disease, cystic fibrosis, collagen vascular disease (such as lupus), or having received a kidney, liver or heart transplant.

The doctor’s findings, which were published in the November 2005 issue of the Journal of the American Society of Nephrology, reveal that 5 percent of the general pediatric population and 23 percent of at-risk children have significant loss of bone mineral density that places them at high risk for bone breakage.

“Osteoporosis has its roots in childhood,” said Dr. Paredes. “At least 90 percent of peak bone mass is acquired by age 18. Failure to achieve optimal peak bone mass represents a risk for osteoporosis,” she said.

Other 2005 Research Highlights

• In 2005, the MCH Department of Psychiatry embarked on studies of investigational drugs to treat children and adolescents with psychiatric disorders, including bipolar mania and schizophrenia. The hospital is one of several pediatric centers nationwide participating in these studies. The MCH principal investigator is Dr. American Padilla.

• The MCH Division of Pulmonology began participating in a national study of an investigational drug in children ages 6 to 12 who have moderate to severe asthma that has not responded to standard treatments. The hospital is one of several pediatric centers nationwide participating in this study. The MCH principal investigator is Dr. Maria Franco.

• The hospital’s Division of Gastroenterology is participating in a multi-center study to determine risk factors associated with pediatric Helicobacter pylori, a gastric infection that can lead to gastritis and ulcers. The study will attempt to determine factors that predispose children to H. pylori. The MCH principal investigator is Dr. Jesse Reeves-Garcia.

• The Division of Hematology/Oncology is participating in a study to determine the effectiveness of an oral medication to remove excess iron in children with sickle cell disease. Children with this condition who require frequent transfusions for complications such as strokes, accumulate excessive amounts of iron in the body that can damage vital organs and be life threatening. Prior to the study, the only way of removing this excess iron was through the use of injectable medication, which is both painful and inconvenient. The new oral medication should improve quality of life for sickle cell patients. The MCH principal investigator is Dr. John Ragheb.

• The Division of Neurosurgery is participating in a three-center study that seeks to correlate neuro-psychiatric issues with Magnetic Resonance Imaging (MRI) changes in children who have experienced moderate and severe brain injuries. The study is being conducted in collaboration with Baylor College of Medicine and the University of Miami School of Medicine. The findings of the study will be used to enhance treatment of children following traumatic brain injury. MCH’s principal investigator is Dr. John Ragheb.

Dr. Ana Paredes, MCH nephrologist and Medical Director of the hospital’s Clinical Research Center, has been conducting the nation’s first study of osteoporosis in a pediatric population (above).
MCH: EMPLOYER OF CHOICE

Miami Children’s Hospital – with a workforce of 2,400 – is pleased to be recognized as an employer of choice within the South Florida community, consistently featuring one of the lowest nursing staff vacancy rates in the region and receiving national recognition for overall employee satisfaction.

The hospital was honored in 2005 by the Jackson Organization – a Maryland-based independent survey research firm – for its high levels of employee satisfaction. MCH staff satisfaction scores were second in the nation among surveyed hospitals with more than 1,500 employees. The Jackson Organization provides employee and patient satisfaction surveys for hundreds of hospitals nationwide.

An attractive feature of the hospital is its status as an American Nurses Credentialing Center (ANCC) “Magnet” facility. To achieve this distinction, the hospital’s nursing team must consistently demonstrate excellence and commitment to bringing about positive patient outcomes and enhancing patient and family satisfaction. Miami Children’s was the first pediatric hospital in Florida and only the fifth pediatric hospital nationwide to achieve Magnet designation.

“Miami Children’s is dedicated to retaining and keeping the very best care staff,” said Jackie Gonzalez, MSN, ARNP, FAAN, Senior Vice President and Chief Nursing Officer.

“The hospital’s Magnet status, combined with an environment that is supportive of new nurses – pairing new hires with mentors and providing them with a “support group” to discuss challenges – contributes to the hospital’s low nursing vacancy rate.

“Miami Children’s is dedicated to retaining and keeping the very best care staff,” said Jackie Gonzalez, MSN, ARNP, FAAN, Senior Vice President and Chief Nursing Officer.

“We are proud to have created an environment where nurses, physicians and other professionals work together as a team to meet the healthcare needs of the children of this community.”

Contributing to positive experiences for all employees is a caring hospital culture that is focused on service excellence, combined with competitive compensation and benefits packages. Family-friendly features of the hospital – including Big Apple Circus® Clown Care and the in-house radio station, Radio Lollipop® – enhance the hospital environment for patients and employees alike. MCH offers programs that optimize the work environment for employees, including massages, a fitness center offering fitness equipment and classes to promote wellness, an on-campus Child Care Center, on-site educational programs, and tuition reimbursement for students pursuing degrees to enhance their skills.

Reaching New Heights of Employee Satisfaction

“Miami Children’s is dedicated to retaining and keeping the very best care staff.”

—Jackie Gonzalez
MSN, ARNP, FAAN, Senior Vice President and Chief Nursing Officer
MCH HELPS EXPAND ACCESS TO CARE

Miami Children’s Hospital helped make it possible for thousands of children of uninsured families to gain access to quality healthcare in 2005, providing leadership and hands-on assistance to promote enrollment in the state’s KidCare health insurance program.

The hospital was a leading force in a county-wide coalition of organizations working to ensure that all eligible families gain access to KidCare, which is available to those who meet the state’s income and other eligibility requirements. The hospital sent direct mail pieces about KidCare to prospective enrollees, and had staff available at the hospital’s main campus and satellite facilities, as well as at health and enrollment fairs throughout the county to assist families in completing the necessary paperwork.

Thanks to collaboration among many organizations throughout the state, more than 96,000 applications were submitted in 2005—five times the previous application record for the KidCare program. Later in the year, the hospital joined other private organizations to successfully advocate for year-round enrollment in the KidCare program.

“We are pleased that we have been able to help reduce the stress of uninsured families by assisting them in gaining access to the state’s medical insurance plan for children,” said Thomas M. Rozek, President and CEO.

HELPING THOSE WHO NEED US MOST

In 2005, Miami Children’s Hospital provided more than $18.4 million in uncompensated care to meet the needs of South Florida’s children.

Most of these funds provide essential inpatient and outpatient services for uninsured children with serious or critical care needs as part of the hospital’s important ongoing role as a regional safety net hospital.

The balance—approximately $500,000—supports primary care of at-risk children through the hospital’s Health on Wheels outreach program. The program, administered by Miami Children’s Division of Preventive Medicine, features two 40-foot mobile medical/dental units that provide primary care services at public schools, migrant camps and community activities centers with high populations of at-risk children.

Reaching Out to the Uninsured
CHALLENGING YEAR DOES NOT SLOW DREAM

Neither the busiest Atlantic hurricane season on record nor labor shortages spawned by South Florida’s current construction boom could slow the progress of Miami Children’s “Building on a Dream” expansion and renovation program in 2005.

Work on the final phase of the project — construction of a 68,000-square-foot Ambulatory Care Building — continued ahead of schedule throughout the year. The new building was topped off in September of 2005 and is expected to be completed in 2006. The planned three-story structure will provide much-needed space for high-demand services and will be connected to the existing hospital corridor system on all three floors. It will house the hospital’s Pediatric Care Center, the Congenital Heart Institute, Miami Children’s Brain Institute, the Craniofacial Center, the Division of Plastic Surgery, the Patient Access Department and a new café.

“This new structure will enable us to better meet the needs of the fast-growing South Florida pediatric population,” said Thomas M. Rozek, President and CEO.

The Building on a Dream expansion and renovation program was begun in 2001. Completed components include a 10,000-square-foot MRI building, a raised helipad and new lobby, and other interior refurbishments. In addition, the hospital has been encased in storm-resistant paneling to boost the facility’s ability to withstand a major hurricane. The unique design of the paneling has given the hospital a dramatic new appearance, featuring brightly colored circular forms, pitched roofs, checkerboard patterns and sculptural reliefs.

REACHING EXPANSION GOALS

PARENTING BOOT CAMP AND OTHER NEW CLASSES EXPAND MCH EDUCATIONAL OFFERINGS

Diaper changes. Baths. Learning to interpret a baby’s cry. It can all seem pretty daunting to the first-time parent.

Thanks to Miami Children’s Hospital, South Florida parents-to-be are getting a leg up. The hospital’s new Parenting Boot Camp program offers baby care basic training. Recruits gain practice with diapering and bathing, and learn the importance of being involved and forming a connection with their newborns.

The goal is to help expectant mothers and fathers feel more confident with their newborns and to enhance the bonding that is so important during the first days of a baby’s life.

Parenting Boot Camp is one of several new programs introduced by the hospital in 2005. Also introduced during the year were children’s safety fairs, an expanded program of Stranger Danger Workshops offered in cooperation with South Florida’s Child Abduction Prevention Project, a Super Sibling program for brothers and sisters to be, and music therapy for children and adolescents with autism.

Other educational programs offered by the hospital include SibShops, which are monthly workshops for siblings of children with chronic health problems, infant massage classes, and child and infant CPR classes in both English and Spanish.

For more information, please contact Wendy Johnson, Miami Children’s Community Education Coordinator, at 305-662-8282.
HEALTH ON WHEELS

Children of migrant families often do not receive the medical care they need to ensure a healthy start in life. To help improve the health of children of the region’s itinerant households, Miami Children’s Division of Preventive Medicine in 2005 entered into a partnership with the Redlands Migrant Association for the provision of preventive care services.

The division’s Health on Wheels program visits migrant day care centers to ensure that children receive needed immunizations, health assessments, dental fluoride treatments and evaluation of any existing health issues.

“Children in migrant communities often live under the radar as far as the local healthcare community is concerned,” said Dr. Deise Granado-Villar, Director of the Division of Preventive Medicine. “We are pleased to be able to offer accessible, family friendly services to prevent disease and identify illnesses at the earliest, most treatable stages.”

In 2005, the Health on Wheels program, which features two 40-foot mobile medical/dental units, continued to visit 11 Miami-Dade County school sites that have high percentages of uninsured children. The mobile units are staffed by board-certified practitioners, nurse assistants and paramedics, providing care for medically uninsured children with the goal of establishing a medical home for these youngsters, to ensure continuity of care and promote better health.

Operating expenses for one of the Health on Wheels units is funded through annual income from a generous $3 million endowment provided by the Batchelor Foundation in 2004.

Since the Health on Wheels program was founded in 1995, more than 465 children with life-threatening diseases have been diagnosed and treated successfully. As of 2005, the Health on Wheels program has administered 38,217 immunizations, 4,191 tuberculosis tests and 6,005 hearing and vision tests, provided acute care to more than 50,500 children and teens, and conducted more than 77,000 preventive health screenings.

For more information on the Health on Wheels program, please call the Department of Preventive Medicine at 305-663-6854.

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—Dr. Deise Granado-Villar
Director of Preventive Medicine

Reaching Out to Our Community
PINT-SIZE MIAMI CHILDREN’S REPRESENTATIVE VISITS NATION’S CAPITOL

The little ambassador wore a red T-shirt and a big smile when he jetted off from Miami last March for a whirlwind visit to the White House and a meeting with Senators on Capitol Hill.

Five-year-old Shea Garcia – who practically calls Miami Children’s Hospital home – was selected by the Children’s Miracle Network as one of 50 children from across the country to represent the nation’s more than 17 million hospitalized children during the Washington, D.C. visit.

Shea was a natural choice for this honor. He has spent most of his life at Miami Children’s battling leukemia. Today, he is in remission.

STAR WARS FILM PREMIERE BENEFITS HOSPITAL BRAIN INSTITUTE

The Force was with Miami Children’s Hospital Foundation in May of 2005, when Lucasfilm, Ltd., dedicated the Miami premiere of Star Wars: Episode III: Revenge of the Sith, as a fundraiser for the foundation.

The foundation was one of 10 organizations in as many cities nationwide designated by director George Lucas to benefit from the worldwide premiere of the sixth and final film in his beloved Star Wars movie picture series.

More than 400 guests gave generously to attend the private screening and after party at the AMC 24 Theater The Shops at Sunset Place. For the post-film party, the foundation team recreated the famous – and infamous – Mos Eisley Cantina, the gathering place for aliens from many galaxies that was a centerpiece of the original Star Wars film. Guests were escorted into the function by storm troopers and dined on such delicacies as Queen Amidala Guava-Glazed Chicken and Obi-Wan Cannolis while listening to the out-of-this world music of the costumed Alien Band.

“We are grateful to Lucasfilm and our generous guests for making this event such a resounding success. Our presenting sponsor Blue Cross and Blue Shield of Florida was definitely the star of the evening when they announced their $500,000 challenge pledge to benefit Miami Children’s Brain Institute,” said Robin Reiter-Faragalli, President of the foundation. “A portion of the evening’s proceeds will support Miami Children’s Brain Institute, which brings futuristic care to children with neurological disorders.”

Reaching Out with Charitable Giving

Shea Garcia, Miami Children’s Hospital patient and goodwill ambassador, visits Capitol Hill (left).
AMAZING DESTINY

Destiny Hawks is only 7 years old, but she has already taught the adults in her life a great many things. She has:

• given the sick and dying the will to live
• comforted grieving parents
• helped families of chronically ill children find joy

“This little girl has touched so many lives,” said her grandmother, Joann Hawks, who has provided a home for Destiny for the past two years. “She is amazing.”

Amazing, indeed. Destiny has worked her magic while battling a persistent form of cancer. The journey began when two large tumors – one the size of a fist – were found in Destiny’s brain when the child was just 18 months old.

Within a day of the diagnosis, Destiny was in the hands of Miami Children’s neurosurgeon Dr. Glenn Morrison, who successfully removed the tumors. Destiny then underwent chemotherapy and a bone marrow transplant under the care of the Miami Children’s Cancer Center.

The team at the Cancer Center, including Destiny’s oncologist Dr. Ziad Khatib, have seen Destiny through all phases of treatment.

“Everyone has been wonderful to us,” said Joann. “We can reach a doctor at any time to talk, and the pharmacists, nurses, and social workers have all been so accessible and so supportive.”

Today, Destiny has small, dormant tumors on her spine that are inoperable and resistant to both radiation and chemotherapy. She and her grandmother know that each day they have together is precious and live their lives accordingly.

“Destiny loves people. She loves school, going to the park and visits to Chuck E. Cheese’s,” said Joann. “She is a future artist. She can color for hours at a time. Sometimes she falls asleep with the crayons in her hands.”

Destiny’s greatest achievement is her ability to inspire others. A family member emerging from a coma following a heart attack managed to scrawl Destiny’s name on a piece of paper. When Destiny was brought to his bedside, he began to rally and has made a full recovery.

Families of other children living with cancer have taken inspiration from Destiny and Joann’s example. “I recently received an e-mail from a family who told us that they’ve completely changed the way they approach life because of Destiny and me. They have made a conscious decision to embrace joy,” said Joann.

A DRAMATIC REBOUND FOR DANIEL GOUSSE

Daniel Gousse was working hard to fulfill his dream of winning a sports scholarship to a prominent university, when suddenly those plans seemed to unravel.

In November of 2005, the Ransom Everglades Preparatory School senior suddenly collapsed on the gym floor during basketball practice.

“I remember feeling empty, like I had nothing left to give,” Daniel recalls. The next thing he knew, he was being helped from the gym to an ambulance. Daniel’s family was stunned to learn that the 17-year-old athlete had suffered a heart attack. The cause: a previously undiagnosed heart condition in which his coronary artery was not properly connected to his heart.

Today, Daniel’s dreams are back on track, thanks to the Congenital Heart Institute at Miami Children’s Hospital and Arnold Palmer Hospital for Children. A surgical team led by Dr. Redmond P. Burke, Medical Director of Cardiovascular Surgery at MCH, detached and reattached the artery so that it could ensure proper blood flow.

Within 10 days of the surgery, Daniel was on his way home to celebrate Thanksgiving with his family. And by December, Daniel was being interviewed by college recruiters and is expected to resume his athletic career by the end of the 2005-2006 academic year.

For Daniel’s mother Magaly Gousse, a registered nurse, the whole experience seemed like divine intervention. “If it had not been discovered and corrected while Daniel was still so young, he would have had more damage to the heart. We are so grateful to everyone involved in his care,” she said.

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Within 10 days of the surgery, Daniel was on his way home to celebrate Thanksgiving with his family. And by December, Daniel was being interviewed by college recruiters and is expected to resume his athletic career by the end of the 2005-2006 academic year.

For Daniel’s mother Magaly Gousse, a registered nurse, the whole experience seemed like divine intervention. “If it had not been discovered and corrected while Daniel was still so young, he would have had more damage to the heart. We are so grateful to everyone involved in his care,” she said.

“We can reach a doctor at any time to talk, and pharmacists, nurses, and social workers have all been so accessible and so supportive.”

—Joann Hawks
Grandmother of MCH Patient

“I remember feeling empty, like I had nothing left to give.”
—Daniel Gousse
MCH Patient

“A DRAMATIC REBOUND FOR DANIEL GOUSSE

Daniel Gousse was working hard to fulfill his dream of winning a sports scholarship to a prominent university, when suddenly those plans seemed to unravel.

In November of 2005, the Ransom Everglades Preparatory School senior suddenly collapsed on the gym floor during basketball practice.

“I remember feeling empty, like I had nothing left to give,” Daniel recalls. The next thing he knew, he was being helped from the gym to an ambulance. Daniel’s family was stunned to learn that the 17-year-old athlete had suffered a heart attack. The cause: a previously undiagnosed heart condition in which his coronary artery was not properly connected to his heart.

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—Joann Hawks
Grandmother of MCH Patient
A SECOND CHANCE FOR JANNESA

Jannesa Rodriguez, age 9, was enjoying a day of water fun with her family in the ocean off of Key West on July 4, 2005 when something went horribly wrong. The Key West Elementary fourth grader was riding in a large floating tube with two of her five siblings when the boat that was towing them hit its own wake, causing the tube to slingshot against a concrete seawall.

In the terrifying minutes that followed, Jannesa’s mother Jaime and her fiancé managed to get the badly injured child out of the water and to a hospital in the Lower Keys. It was there that Jaime learned that a portion of Jannesa’s skull had been forced five and a half inches into her brain and she had an orbital fracture that threatened her right eye. Doctors advised that Jannesa be transported to Miami Children’s Hospital, where a neurosurgeon and other specialists would be waiting for them.

While Miami Children’s LifeFlight® Critical Care Transport Team brought Jannesa and Jaime to the hospital, MCH neurosurgeon Dr. David Sandberg was facing his own challenges. Trying to make his way from Brickell to the hospital at 9 p.m., Dr. Sandberg found himself unable to move in the tangle of traffic created by area fireworks displays.

Anxious knowing that a critically ill child would soon be waiting for him, Dr. Sandberg flagged down Coral Gables police officer Steven Ellinport. “He put on his siren and led me on opposite lanes and across grass, getting me to the hospital in record time,” recalls Dr. Sandberg.

When Dr. Sandberg first examined Jannesa, she was obviously in need of immediate emergency surgery. She was lethargic, and had a huge laceration that extended from her forehead to her eyelid, through which brain tissue was visible. Dr. Sandberg and hospital staff rushed the child to the operating room where damaged tissue was removed from Jannesa’s brain and the depressed skull fracture was repaired.

“Today, she is neurologically normal,” said Dr. Sandberg.

It was then that a medical director of an intensive care unit advised Susanne to take Jason to Miami Children’s. “It was a Godsend,” said, Pivowar.

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“We are grateful to the team at Miami Children’s for helping put this chapter behind us,” said Mrs. Pivowar.

“JASON MAKES UP FOR LOST TIME

By the time he arrived at Miami Children’s Hospital in October of 2005, Jason Pivowar had been through a lot – including a total of four hospitalizations since undergoing what was supposed to be routine surgery at a Palm Beach area hospital in July.

Following the summer surgery in Palm Beach to correct pectus excavatum (a sunken chest), Jason experienced numerous complications, including an infection surrounding the lining of his heart, kidney stones caused by medications, problems with the corrective bar that had been surgically placed in his chest to raise his inverted sternum, and finally, a collapsed lung.

After the string of hospitalizations, Jason’s mother, Susanne Pivowar, was running out of patience. Jason had already unexpectedly missed nearly two months of school. And now a Boca Raton area hospital wanted to relocate Jason’s chest tube – a painful procedure – for a second time, after failing twice before to position it properly to inflate his struggling lung.

Within a week of the surgery, Jason began easing back into the classroom, gradually increasing his school schedule and working intensely to make up the missed course work. The remarkable teen managed to catch up in record time, completing the semester with an impressive 4.3 grade point average.

“We are grateful to the team at Miami Children’s for helping put this chapter behind us,” said Mrs. Pivowar.
NEW PROGRAM OFFERS TREATMENT FOR DESTRUCTIVE EATING BEHAVIORS

The calls began soon after Dr. Lorena Siqueira opened her adolescent medicine practice at Miami Children’s Hospital. Anxious parents were phoning from as far away as Ft. Myers and Vero Beach – even Jamaica – desperately seeking help for children firmly in the grip of destructive eating behaviors.

“Always the parents would say, ‘Do you know how many places I have called looking for help?’ Clearly families were completely overwhelmed by this problem and were anxious to find professional support. We soon recognized that treating eating disorders would become a significant part of our practice,” said Dr. Siqueira, Director of the Division of Adolescent Medicine at MCH.

The realization gave rise in 2005 to Miami Children’s Eating Disorders Program – the only one of its kind in the region. The program – a collaboration between the Department of Adolescent Medicine and the Department of Psychiatry – offers a multidisciplinary approach to treatment for children and teens with anorexia nervosa and bulimia nervosa.

Anorexia is a life-threatening disease in which the affected person intentionally deprives himself or herself of food. Individuals with bulimia routinely eat excessive amounts of food during a short period and immediately purge themselves of the food by vomiting or taking laxatives. Both conditions can have devastating consequences.

Since eating disorders affect the physical, mental and emotional health of the victims, multidisciplinary action is the most effective approach. The Eating Disorders Program brings together a team of physicians, psychiatrists, psychologists, nurses, nutritionists, social workers, family therapists and Child Life Specialists to evaluate the child physically and emotionally, and create an individualized treatment plan.

While some children can receive care on an outpatient basis, others require hospitalization at Miami Children’s. During the stay, the child’s health is continuously monitored and first steps are taken to alter behaviors. In addition to medical stabilization, therapy is begun to help the adolescents and their families learn how to deal effectively with the disorder and its underlying issues. Once the child has left the hospital, medical and psychiatric care, along with individual, family and group therapies are available to support the child’s continued recovery.

“Because of the complex nature of eating disorders, treatment takes time and patience. But with the proper understanding and support of the family and care team, these children can recover,” said Leslie Garrard, PhD, a psychotherapist with the Eating Disorders Program.

For more information about the Eating Disorders Program, please call 305-668-5525.

Reaching Out to Children with Eating Disorders

The program – a collaboration between the Department of Adolescent Medicine and the Department of Psychiatry – offers a multidisciplinary approach to treatment for children and teens with anorexia nervosa and bulimia nervosa.

Dr. Lorena Siqueira, Director of the MCH Division of Adolescent Medicine (with patient above), and Dr. Americo Padilla, Director of the Division of Psychiatry (right), collaborate to treat children and teens with eating disorders.
HELPING THE LITTLEST GRIDIRON PLAYERS

When a professional football player is injured during a game, evaluation and treatment of the injury is immediate. Thanks to Miami Children’s Hospital, South Florida’s smallest football players received similar treatment in 2005.

In the fall of the year, the hospital’s Division of Orthopaedics entered into a partnership with ATC on Demand to provide athletic trainers at all South Florida Youth Football League (SFYFL) games. Through the partnership, the hospital provided medical supplies as well as athletic trainers at about 100 SFYFL games each week, making care available to 15,000 athletes.

If a player was injured during a game, the athletic trainer evaluated the injury and provided appropriate treatment. After the game, the trainer created an injury report and submitted it to Stephen Swirsky, DO, pediatric and adolescent sports medicine specialist at MCH.

“These young athletes have never had this level of coverage before,” said Dr. Swirsky. “This is another way Miami Children’s is fulfilling its mission of keeping kids healthy.”

Reaching Out with Sports Medicine and Education

MCH PEDIATRIC POSTGRADUATE COURSE DRAWS PEDIATRICIANS FROM THROUGHOUT AMERICAS

More than 800 physicians and healthcare professionals from many countries learned about the latest advances in pediatric medicine at MCH’s 40th Annual Postgraduate Course, “Perspectives in Pediatrics.” Participants converged at the Fontainebleau Hilton in January 2005 to participate in programs led by MCH physicians as well as nationally acclaimed physician guest speakers.

“Perspectives in Pediatrics” is the longest-running independent continuing medical education program in the United States, and enables pediatric experts from all over the U.S. and Latin America to keep abreast of the latest developments. Conference presenters covered wide-ranging topics, including adolescent medicine, cardiovascular care, asthma, ADHD, orthopaedics, vaccines, dermatology, hematology and community pediatrics.
MCH TEAM HELPS CHILDREN IN HAITI

Miami Children’s Hospital deepened its commitment to the children of Haiti in 2005, sending two medical teams to the tiny island republic to bring hope and healing to families of children with hydrocephalus.

Working in affiliation with Project Medishare, a non-profit organization dedicated to bringing medical care to Haiti, Dr. John Ragheb, Director of the MCH Division of Neurosurgery, led two separate medical missions to the region, one in March and one in November. Both surgical teams arrived with equipment and supplies to provide life-saving intervention for babies and children with hydrocephalus, a disease that causes cerebrospinal fluid to accumulate in the brain. Dr. Ragheb led a similar medical mission in 2003.

During the 2005 visits, the Miami medical teams performed endoscopic neurosurgery on a combined 32 children ranging in age from 9 months to 18 years. The teams employed an endoscopic technique that creates new pathways for fluid drainage within the affected children’s brains, halting the accumulation of fluid. Previously, hydrocephalus went untreated in Haiti, leading to the inevitable disability or death of afflicted children.

“We plan to make these surgical missions a regular part of the Division of Neursurgery’s program,” said Dr. Ragheb.

Reaching Out with Medical Missions

“It is our hope that eventually we empower local physicians to perform the procedures themselves,” he said.

Participating in the program with Miami Children’s are doctors and staff from Project Medishare, the University of Miami Miller School of Medicine and Jackson Memorial Hospital.

“Through the extraordinary efforts of this team, we have provided life-saving care to children in need. Most importantly, we give the families hope for a normal life,” said Dr. Ragheb.
2005 brought significant growth for the Miami Children's Dan Marino Center, which started its year on a high note in February, when it was featured on the Today Show as part of a program on autism. The show included interviews with football Hall of Fame legend Dan Marino and his family, and Dr. Roberto Tuchman, a neurologist with the MCH Dan Marino Center. Also included was footage of children receiving treatment at the center.

The MCH Dan Marino Center, which provides specialized services for children at risk for developmental and psychological problems, experienced more than 50,000 patient visits in 2005. Pediatric ultrasound imaging was added to the scope of services offered at the site. Ultrasound is performed on a state-of-the-art Philips system that provides Doppler, 3-D, Sono CT, panoramic, contrast-compatible and high-resolution, real-time imaging capabilities. MRI services are also provided at the Center. The ultrasound/MRI images are interpreted by Miami Children's own team of specially trained pediatric radiologists via a high-speed network connection.

Also in 2005, the center’s Autism Clinic was enhanced to include a speech/language pathologist and a social worker who collaborate with the pediatric neurologists and behavioral psychologist to serve children diagnosed with pervasive developmental disorder. This unique program is winning praise from families and professionals in the community.

In addition, Camp DMC, the center’s therapeutic summer day camp for children with autism and related disorders, celebrated its fourth successful year, attracting children from four states and three countries. The camp hosted 60 children for seven weeks at a local school in Broward County.

Services at the MCH Dan Marino Center include speech, occupational and physical therapy, neurology, psychology and behavior modification, educational services, EEGs, video EEG telemetry and evoked potential studies. At the center, children with developmental disabilities and chronic medical problems receive the most comprehensive and integrated treatment available in an outpatient setting.

The MCH Dan Marino Center is located at 2900 South Commerce Parkway in Weston. For more information, please call 954-385-6200.
Reaching Out Through New Channels and Services

MCH SOUTH DADE CENTER ADDS NEW SERVICES

Miami Children’s South Dade Center celebrated its fourth year of service to the Palmetto Bay community in 2005 by adding radiography and ultrasound to its service mix. These additions were prompted by input from area physicians who shared their patients’ desire to have access to imaging services close to home.

The Miami Children’s South Dade Center continued its remarkable growth in 2005. The center’s Rapid Care Center, which offers after-hours care for minor injuries and illnesses, experienced a more than 16 percent increase in patient volume. The number of patient visits for the year totaled 11,844.

Due to the increased demand, the center’s weekend hours have been expanded. Hours are now 3 p.m. to midnight Monday through Friday, and 9 a.m. to 11:30 p.m. Saturday and Sunday.

In addition to rapid care, the South Dade Center offers adolescent medicine services and comprehensive rehabilitation services, including audiology, and physical, occupational and speech/language therapies. The center’s Early Steps Program – serving all children in southern Miami-Dade County – is designed to assist children from birth to 36 months of age who have been identified as having, or being at risk for, developmental delays. In addition, Miami Children’s Health on Wheels preventive medicine outreach program is also based at the South Dade Center. The Health on Wheels van visits schools throughout the region, offering medical exams and immunizations for children in need.

The South Dade Center is located at 17615 SW 97th Avenue in Palmetto Bay. For more information, please call 786-268-1777.

REHABILITATION SERVICES – MIAMI LAKES

Miami Children’s Rehabilitation Services – Miami Lakes experienced a dramatic increase in the number of patients served during 2005. During peak months, the center provided therapy for an average of 40 to 50 patients per day, compared to a daily average of 25 to 30 patients during the same high-volume periods in 2004. Increases in staffing helped the facility keep pace with the growing demand for services.

The center provides audiology, and physical, occupational and speech therapies. It is located at 14505 Commerce Way, Suite 450. For more information, please call 305-512-1550.

CRANIOFACIAL CENTER FOCUS OF DISCOVERY CHANNEL SERIES

The Craniofacial Center at Miami Children’s Hospital celebrated its 10th year of service to families of children with craniofacial differences in a big way in 2005. The center was chosen as the subject of a 10-part documentary series to appear internationally on the Discovery Channel’s TLC Network beginning in the spring of 2006.

TLC crews spent hundreds of hours filming at the Craniofacial Center in the fall of the year, capturing surgeries and interaction between staff and families who are participating in the series. The series came about after the Discovery Channel aired a spring 2005 program about a little girl from northern Florida with severe facial anomalies who is receiving ongoing care at the Craniofacial Center. The program, titled “Born without a Face,” was one of the most watched programs in the history of the Discovery Channel. This prompted producers to pursue sharing stories of other families coping with the challenges of caring for children with craniofacial differences.

Since the Craniofacial Center was founded in 1995, it has helped almost 1,000 children with craniofacial anomalies, including cleft lip and/or palate, Pierre Robin Sequence, Apert syndrome, Crouzon syndrome, hemifacial microsomia, Moebius syndrome and Treacher Collins syndrome.

The Craniofacial Center offers a unique program that brings together a full spectrum of experts, including plastic surgeons, neurosurgeons, geneticists, pediatricians, physical therapists, dentists, speech-language experts and much more.

“The program is unique in that it places the family at the center of a diverse care team. Patients are evaluated and reevaluated through evening clinics in which the entire team of specialists examines the patient and talks to the family. This is a unique approach that dramatically simplifies the process of gaining care for these children who otherwise would have to make countless separate trips to see the various specialists,” said Dr. Mislen Bauer, Medical Director of the center.
MCH Receives Awards for Employee Satisfaction and Emergency Department Customer Satisfaction

The Miami Children’s Emergency Department received an award for achieving the highest level of satisfaction in 2004 among surveyed pediatric hospital emergency departments nationwide. The award was presented by the Jackson Organization, a national survey research company that performs customer satisfaction research for more than 200 healthcare clients throughout the country. Each year, the Jackson Organization recognizes clients that achieve the best levels of employee and patient satisfaction during the previous calendar year. Miami Children’s was also recognized for its high levels of employee satisfaction. The hospital ranked second in employee satisfaction among hospitals with more than 1,500 employees.

Hospital Maintains ‘Magnet’ Status

The American Nurses Credentialing Center (ANCC) has confirmed Miami Children’s continued standing as a Magnet hospital, the nursing profession’s highest institutional honor. MCH was first recognized as a Magnet facility in July 2003 and is required to present an annual report to the ANCC Commission on Magnet as part of the yearly recognition process. Site visits by ANCC are conducted every four years.

Miami Children’s Hospital Receives National Recognition for use of Information Technology

Miami Children’s Hospital (MCH) received two national honors from the 2005 Most Wired Survey and Benchmarking Study released by Hospitals & Health Networks magazine. MCH is the only children’s hospital in the U.S. to be among the three finalists for the “Innovator Award” and also named one of the nation’s “Most Improved” in use of information technology.

Radiology Receives MRI Accreditation

The Department of Radiology has received the American College of Radiology (ACR) accreditation of its MRI service, after demonstrating fulfillment of the stringent standards required for this recognition. The department has two 1.5 Tesla units that provide high-quality MRI in both sedated and non-sedated patients, including images of the brain, spine, heart, vascular system, body and musculoskeletal system.

Bone Marrow Transplant Program Receives Accreditation

Miami Children’s Bone Marrow Transplant Program has been recertified as a Children’s Oncology Group transplant center for autologous and allogeneic transplants.

Jackie Gonzalez Selected as Fellow of American Academy of Nursing

Jackie Gonzalez, MSN, ARNP, FAAN, Senior Vice President/Chief Nursing Officer, has been named as a Fellow of the American Academy of Nursing (AAN). Fellows are selected by their peers for outstanding contributions to the nursing profession and healthcare. The criteria for selection of Fellows requires evidence of outstanding and broad contributions to nursing and healthcare.

MCH Website Receives National Recognition

The Miami Children’s Hospital website, www.mch.com, received a top honor during the eHealthcare Strategy & Trends sixth annual eHealthcare Leadership Awards. The hospital received a Gold Award for Best Employee Recruitment among hospitals nationwide with 200 to 399 beds.

MCH Receives National Marketing Awards

Miami Children’s received five national awards in 2005 from Healthcare Marketing Report, a publication that annually honors the best in healthcare marketing.

The honors were as follows:
- 2003 Annual Report: Gold Award and Best of Show Award
- Congenital Heart Institute Brochure: Gold Award
- Cancer Center Ad: Gold Award
- MCH TV Spot: Silver Award
- MCH Total Advertising Campaign: Silver Award

Reaching National Recognition
MCH Receives South Florida Parenting Recognition
Miami-Dade County families have again chosen Miami Children’s as the best hospital for pediatric care as well as the best provider of pediatric emergency services in the county, according to South Florida Parenting magazine. Also, the Miami Children’s Dan Marino Center received top ranking for best services for special needs families in Broward County.

Miami Children’s won the Gold Award for Best Hospital for Pediatrics as well as the Gold Award for Best Pediatric Emergency Services in Miami-Dade County.

Miami Children’s Dan Marino Center won the Gold Award for Best Services for Special Needs in Broward County, while Miami Children’s received a Silver Award in the same category for Miami-Dade County.

Paul Hale Chosen as Healthcare Hero
Paul Hale of the Children’s Brain Trust was honored as a Healthcare Hero by the Greater Miami Chamber of Commerce. Mr. Hale is the primary inspiration behind the development of the Children’s Brain Trust, which raises funds for the Miami Children’s Brain Institute.

Dr. Lou Romig Receives Red Cross Award
Dr. Lou Romig, MCH emergency department physician, was awarded a Sara Hopkins Woodruff Spectrum Award for Women by the American Red Cross of Greater Miami and the Keys. Dr. Romig was honored for her regional, national and international leadership in the fields of emergency and disaster care for children and their families.

Jackie Gonzalez Honored by Barry School of Nursing
Jackie Gonzalez, MSN, ARNP, FAAN, Senior Vice President/Chief Nursing Officer, was honored for her service to the regional nursing community at the Barry University School of Nursing’s Annual Nursing Awards Dinner.

José Perdomo Receives Volunteer Recognition Award
The Health Council of South Florida presented José Perdomo, MCH Vice President of Ambulatory Services, with its annual Volunteer Recognition Award. Mr. Perdomo was honored for his service to the council’s planning advisory committee. The Health Council of South Florida, Inc., is a non-profit organization that strives to improve health and promote wellness in Miami-Dade and Monroe counties.

Education Department Receives ‘Champion of Education’ Honors
The Department of Staff and Community Education was designated a “Champion for Education” by the South Florida Chapter of the American Society for Training and Development (ASTD). The department was honored for its innovative training programs, including the kick-off and development of the hospital’s customer service program, diversity training, safety training initiatives and much more.

MCH Ad Campaign Receives Regional Honors
The hospital’s Marketing Department won a Florida Hospital Association Mark of Excellence Award for comprehensive communications for its “One of America’s Best Hospitals” campaign.
2005 STATISTICAL DATA

Total Inpatient Days: 71,113
Total Inpatient Admissions: 13,297
Inpatient Average Daily Census: 195
Inpatient Occupancy Percent: 73%
Total ER Visits: 82,362
MCH General Clinic Visits: 7,414
Ambulatory Visits: 6,398
Observation Visits: 2,403
Private Outpatient Visits: 158,983
Total Surgical Cases: 8,945
Average Length of Stay: 5.3 days

SOUTH DADE
Rapid Care: 11,779
Rehab Visits: 10,422

MIAMI LAKES
Rehab Visits: 7,847

DAN MARINO CENTER
Rehab Visits: 18,321

NAPLES KIDSVILLE
Rapid Care: 7,480
Network helps us make the growing needs of the many programs and research initiatives undertaken by the Hospital each year—and that no child will ever have to leave this region to receive the best possible medical care.

Miami Children’s Hospital Foundation is pleased to recognize the following individuals, corporations, foundations, and other organizations for their generous support during the past year.

Thank you for making a difference in the lives of our children!
Farewell to Two Special Friends

Miami Children’s Hospital mourns the loss and celebrates the lives and commitments of two of its most devoted supporters—individuals who made a difference in the lives of children through service to the hospital and the community.

Stewart Marcus

Stewart Marcus, who served on Miami Children’s Hospital’s Board of Directors from 1995 to 2000 and was chairman from 1998 to 1999, passed away in November of 2005. His leadership helped steer a course that led to growth and national prominence for the hospital.

“Mr. Marcus was a remarkable leader who truly cared about people of all ages and used his gifts to make the world a better place for children, seniors and other groups to whom he volunteered his leadership talents,” said Thomas M. Rozek, President and CEO. “As a result of his vision, Miami Children’s has advanced its commitment to children and has become a nationally recognized leader in pediatric healthcare.”

In addition to his service to Miami Children’s Hospital and his lifelong interest in the well-being of children, Mr. Marcus also worked to maximize the quality of life for seniors and to ensure that the elderly are not “the forgotten generation.” His strides in the senior community included creating several first-class facilities for the hospital’s cancer program. UOTS also provided funding to support direct patient care, equipment and facilities for the hospital’s cancer program.

Eve Ruthfield

Eve Ruthfield, who passed away in the first days of 2006, served for more than 20 years as President of the local chapter of the philanthropic group United Order True Sisters (UOTS). Over the years UOTS—Miami #43 has given millions of dollars to support the work of the hospital’s pediatric cancer program.

During its 47-year affiliation with Miami Children’s, UOTS has provided funding to support direct patient care, equipment and facilities for the hospital’s cancer program. UOTS also established a research and fellowship fund, and assisted with the funding for the hospital’s Bone Marrow Transplant Center. Ms. Ruthfield’s most enduring legacy is the hospital’s annual week-long Cancer Camp, which was established under her leadership in 1991.

“Eve was a staunch friend to the children and the hospital that we serve. She was one of those rare people who demonstrate how one individual can make a tremendous difference in the world. She will be truly missed by all of us at Miami Children’s,” said Dr. Athana Pelkasou, Associate Director of the Cancer Center and Director of UOTS Cancer Camp.

Stewart Marcus (left) and Eve Ruthfield (right).

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