

Volume 12, Issue 6 November 2022

Milestones in Medical Education

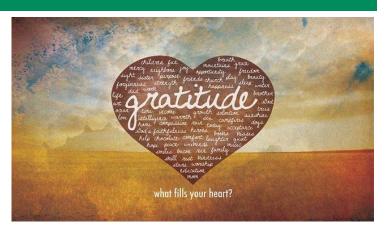
Special points of interest

- Talking to the Media
- Compliance Corner
- Halloween Celebrations
- Hospital Designation
- Research Education
- NCH Trainees Recognitions
- Publications & National Presentations
- Annual Softball Game
- Advocacy & DEI Activities



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From the Editor

Giving Thanks and Gratitude!!!

This issue of *Milestones in Medical Education* Newsletter comes at the thanks, gratitude, and giving time of the year. It is a time where we look back at the year, our friends, families, loved ones, co-workers, and people who make daily impacts on us, and our lives.

During this time, and while each one of us is thankful for different things that may matter to us, it is clear that in our Medical Education Department, we have some common things that we all are thankful for and worth highlighting in this opening commentary. We are thankful for:

- The opportunity to help each other and work as a team with peers, colleagues, staff, faculty, and nurses to advance child health at multiple levels
- The opportunity to learn from our patients, their families, faculty, and each other.
- The advancements in science, vaccines, evidence, research, technology, inno-

vation that provide us the tools to continuously do our jobs, and advance the care of children

- Our families, friends, significant others, support system, and community whose support and nurturing provide us continuous recharging of ourselves and our ambitions
- Anyone else who you want to thank and give gratitude to??!!! Who is on your list?!!

This November issue of *Milestones in Medical Ed-ucation* continues to highlight milestones achieved by our faculty and trainees. Milestones in scholarship, professionalism, and recognitions. Milestones in celebrations. In this issue, we highlight the following Milestones:

 Our trainees continue to receive accolades and recognitions for their humanism, team spirit, and professionalism.

- Faculty and trainees continue to disseminate their scholarly work on the national stages and in peer-reviewed literature.
- As part of the collaborative spirit, trainees and faculty participated in Halloween celebrations, and friendly softball game competition.

As we enter this Holiday time of the year, we look forward to continuing our mission and goals. We look forward to another year of continued great milestones in academic pursuit and successes and a bright future for all. Enjoy reading this issue.

Rani S Gereige, MD, MPH, FAAP - DIO



Milestones in Faculty Development

Getting Your Message Out: Strategies for Effective Messaging Through the Media



On October 20-21; 2022; Nicklaus Children's Hospital Department of Medical Education hosted **Dr. Cori Cross, MD** as the 2022 Media Visiting Professor. NCH Medical Education was the recipient of the 2022 AAP Council on Communications and Media Visiting Professorship. Dr. Cori Cross spent two days at NCH and held several educational and brainstorming sessions including:

- 1. A brainstorming session with key stakeholders at NCH.
- 2. A Faculty Development session focused on Media Training for the Pediatrician. The session was also attended by the AAP Florida Chapter President; Dr. Thresia Gambon.
- 3. A Pediatric Grand Rounds session focused on patient care and anticipatory guidance for families about media use
- 4. A core curriculum residents lecture focused on professionalism and careful use of media in personal and professional life



Dr. Cori Cross with the Florida Chapter of the AAP President; Dr. Thresia Gambon & Dr. Gereige

As part of the Faculty Development column, below are some summary points from Dr. Cross' Media Training for faculty and some tips from AAP:

Below are things to take into consideration when pediatricians are being asked to be interviewed:

THE ASK

- Obtain basic info: How long is the segment or article?
- Will there be other experts? Is it a debate?
- ♦ Is it live or taped?
- Why this topic is being addressed now? Any agenda?

THE PREP WORK

- Prepare even if you know the information
- Doing an interview is not the same as talking to a patient
- The time you have to get the messaging out varies depending on the medium
 - 1-2 minutes for taped TV segments
 - ◊ 3-4 minutes for live TV
 - ♦ 5-10 minutes for radio
 - May take 15 minutes or longer for print

THE INTERVIEW

- Maintain control of the interview
- Tee up the next question
- Steer the flow of the conversation to cover the information you need to convey to the public

THE FOLLOW-UP

- Print interviews: Offer to read the article to check for accuracy
- Offer to help promote it by sending it to AAP, your hospital communications department, or on social media

TIPS (DO's & DON'Ts)

- Remember, you are the expert, you know more than anyone else in the room
- Be proactive, know the information you need to convey to the public
- Get them to ask you the right questions
- Prepare and control the interview
- Jot down "key messages"
- Think of 1-2 sentences to be your top "take home messages"
- Look up stats so that you have the data ready (but not too technical) - Keep numbers to a minimum
- Do your research on new studies, policies, current events, or local resources
- If you are speaking as a member of your institution or AAP, let your media team (and/or AAP) know and coordinate with them
- Use transition statements that will prompt the interviewer to ask you the next question
- Think like a reporter. Be wary of their angle, they want ratings.... What might they ask you?
- Always give complete answers and avoid sound bites
- ♦ Keep it friendly Use family

Milestones in Faculty Development

Getting Your Message Out: Strategies for Effective Messaging Through the Media (Cont'ed)

stories, include the host. Journalists know that the best way to help people understand a subject is to tell a story. When the story is about a child, it is more powerful. To get the best possible result when you're doing a media interview, be ready with a personal story.

 Avoid being forced to answer a bad question

CRISIS MESSAGING

- Less is more
- Always be accurate
- If it is complicated, say it
- Avoid speculation
- Provide reassurance if you can
- If you give your own opinion, make sure you clearly state that it is YOUR opinion
- Stand your ground and do not feel pressured to answer a question you do not feel qualified or have the information to answer

LOOKING PROFESSIONAL

- Simple one color tops
- Avoid patterns (Very simple patterns for ties)
- Simple jewelry
- White coat looks more professional

According to Dr. D. Hill: "Remember, while you are only able to see one patient at a time, a media interview can reach thousands or even millions of people with important public health information. It may seem strange, but telling a story may be one of the most powerful things you can do to advance public health". (Ref: AAP News - Feb 27, 2018)

SOCIAL MEDIA

Other tips related to use of social media to educate and advocate by Dr. W Swanson published in AAP News in August 29; 2019 include the following useful tips:

Social media moves fast, but you don't have to be there constantly.

- Pick a channel you enjoy and use it at selected times with your professional title.
- You don't have to respond to every article or comment immediately.

Have a plan to handle online trolls.

- Your channels are your home, and you can control the "house rules."
- You can delete unprofessional comments others leave.
- You can block, mute, delete, hide, report or ban those you aren't interested in conversing with.
- You also can turn off comments on some channels.

Separate your personal and professional profiles.

 Further, you can use privacy settings to ensure your followers have access and share in ways you want.

Use different channels for different purposes and goals.

"Elevator rules" apply online.

- Don't share information online in any way you wouldn't in an elevator. Here are five rules worth remembering:
- 1. Never share patient-specific information.
- 2. Never be anonymous.
- 3. Remember that everyone is watching.
- 4. Be nice.
- Don't delete your posts. You can clarify and provide links and citations to research or data that back your position.

Compartmentalize your digital life.

- Online work can feel rewarding but can be draining at times, too.
- Follow the advice we give our teens by taking digital breaks and disconnecting.

References:

- Dr. C Cross Faculty Development Session
- AAP Council on Communications and Media
- Hill DL. AAP News. February 27; 2018
- Swanson WS. AAP News. Aug 29; 2019









Compliance Contact Information

We are here to help!

https://www.mycompliancereport.com/report?cid=MCHB

Milestones in Faculty Development

Compliance Corner - Conflict of Interest (COI) Frequently Asked Questions (FAQs)



Below is general conflict of interest (COI) information. For more information, visit the "COI Hub" available on the NCHSnet portal or contact the Compliance Department.

What is a Conflict of Interest?

A conflict of interest may occur if a Nicklaus Children's member has an outside activity, personal interest, or financial interest that may influence, or appear to influence, • Outside activities may include, the member's judgment in exercising any Nicklaus Children's duty or responsibility.

If the demands of any outside activity or personal/financial interests hinder or distract a Nicklaus Children's member from any duties and responsibilities at Nicklaus Children's, or cause him/her to use Nicklaus Children's resources inappropriately, a COI mav exist.

A conflict of interest often takes on the following forms:

- A Nicklaus Children's member has the opportunity to influence Nicklaus Children's business, administrative, or other material decisions in a manner that leads to personal gain or ad- . vantage.
- A Nicklaus Children's member, or an immediate family member, receives a financial or other significant benefit as a result of the member's position at Nicklaus Children's.
- A Nicklaus Children's member has a secondary employment, performs consulting services, or has a financial interest in an entity that competes or does business with Nicklaus Children's.
- A Nicklaus Children's member conducts external activities on Nicklaus Children's time or us-Nicklaus Children's rees sources for purposes unrelated

to his/her duties at Nicklaus Children's.

What must be disclosed?

Disclosures should include outside activities, personal interest, and financial interests.

but not limited to: secondary employments, independent clinical services, owner of private clinical practice(s), consulting activities, lectures, speaking engagements, external board positions, or other outside activity compensated or uncompensated that is not part of the Nicklaus Children's members' duties and responsibilities at Nicklaus Children's

- Personal interest may include, but not limited to: the opportunity to influence Nicklaus Children's business, administrative, or other material decisions in a manner that leads to personal gain or advantage, including that of an immediate family member.
- Financial interest may include, but not limited to: an existing or potential compensation arrangement, ownership, or equity in an entity that 1) Nicklaus Children's has or proposes to do business with, or 2) provides services that compete with Nicklaus Children's.

If you are unsure whether you should disclose an external activity or personal/financial interests, it is always best to disclose.

Who must submit a COI disclosure?

Under the Nicklaus Children's Conflict of Interest policy, all Nicklaus Children's members - employees, regardless of title, position or FTE status, contractors, and medical staff are required to submit COI disclosures.



Main Line: 786 624 3838 Anonymous Hotline: 1.888.323.6248

E-mail: compliance@nicklaushealth.org Anonymous Online Reporting:

> **C**OI disclosures are completed through an online disclosure system available on the NCHSnet portal homepage, under applications titled "Conflict of Interest Disclosure" or by accessing this link: https:// nicklauschildrensdisclosure.gan-

Applications	_			
myles X-	SELF SERVICE People Soft Self Service	JDXpert JOXpert		Conflict of Internet ICOL.
FSCM Propte Soft Finance & http://	Tates	Putches	LT. Self Service	Children: Family Experiences Activities & Resources

compliance.com/

What is the review process after I submit my disclosure?

Disclosures are initially reviewed by the Compliance Department. You may be contacted for further details related to your disclosure. The Conflict of Interest Committee will then perform a final review and determination on the existence of a COI. If it is believed that a conflict may exist, the Committee may establish a management plan or make another appropriate determination.

Why do I have to submit a disclosure?

The requirement that all Nicklaus Children's members submit COI disclosures is not designed to interfere with legitimate (academic, clinical, etc.) outside activities or personal/financial interests, but rather to ensure that such activities and interests occur in a manner that is consistent with Nicklaus Children's policies and applicable laws and regulations.

If you are unsure whether an outside activity or interest might be a COI, please contact the Compliance Department. We provide guidance and training on all things related to COI, feel free to reach out!



Milestones in Halloween Celebrations

The Residency Program, Medical Education, & Medical Staff Departments Celebrate Halloween

The Departments of Medical Education and Medical Staff/Administration celebrated this year's Halloween with fun costumes. The Pediatric Residents dressed up in the theme of "Villains" and the Medical Education/ Medical Staff dressed up in Pirates theme. Happy Halloween!!





Nicklaus Children's Hospital Named to the Newsweek's 2022 Top 100 Most Loved Workplaces[®] List

On October 6; 2022; Nicklaus Children's was named in Newsweek's 2022 Top 100 Most loved Workplaces® List. the results of a national survey that surveyed over **1.4 million employees** from businesses with workforces varying in size from 50 to more than 10,000. The list recognizes companies that put respect, caring, and appreciation for their employees at the center of their business model and, in doing so, have earned the loyalty and respect of the people who work for them. **Congratulations to the NCH family and all employees.**

This recognition was based on

Milestones in Research Education

Part I of the Fellows Research Bootcamp Held

On November 3; 2022; the Department of Medical Education and the Nicklaus Children's Research Institute held the first part of the Research Bootcamp for Fellows aimed at the first year fellows. The sessions on *Study Design & Statistical Planning, Hypothesis Testing, Regulatory, & Protocol Builder* were recorded and made available for all trainees on iLearn platform. Part II of the bootcamp will be held longitudinally as part of the monthly Common Fellowship Curriculum sessions.









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AMERICA'S

Newsweek

Milestones in Humanism and Professionalism

NCH Trainees Compliments and e-Recognitions



Dr. Stephanie Blount received an NCHS-way e-Recognition from Dr. Roxana Navarro; PL3 Resident for her Excellent Performance. Dr. Navarro commented: "I was really impressed by Stephanie during my senior call. Despite having multiple admissions and having to manage other sick patients on the floor, she was able to prioritize her tasks and complete them in an efficient way. She also shows great compassion and empathy towards her patients and truly cares to make them as happy and comfortable as possible during one of the most vulnerable periods of the their lives. I had a great time working with her, I look forward to many more calls together in the future". Congratulations Stephanie on a job well-done!

Becky Li MD (PL1)



Dr. Becky Li received two NCHS-way e-Recognitions:

1. One recognition from Dr. Marry Vuong, Clinical Pharmacist for her Excellent Performance. Dr. Vuong commented: "Becky you are a stellar resident!! Thank you for always being so accountable, organized, and detail oriented. You are such a hard worker and truly a great team player!!". Congratulations Becky on a job well done!

2. The second recognition is from Uzzielyn Yu, RN Inpatient Surgical for her Excellent Performance. Ms. Yu commented: "I would love to recognize Dr. Becky Li for her excellent performance . Dr. Becky Li is very kind, always availawhenever patients ble and families or even nurses need her. She is always ready to help, proficient and very professional. It doesn't matter whether she is working at night or daytime, she is always there to help and give her service. Dr. Becky is very helpful. I floated to the 6 Tower and she was so accessible. When I floated to 3 South. I witnessed how hard working and very kind as well as amazing dr. Becky Li is. Thank you very much for your help and assistance Dr. Becky Li. This is late but I still need to recognize how amazing it is to work with you and we appreciate you a lot". Congratulations Becky for your team spirit!!



Dr. Maria Badino received an NCHS-way e-Recognition from Dr. Marry Vuong, Clinical Pharmacist for her **Excellent Performance**. Dr. Vuong commented: "Flo, thank you so much for being a team player :) You are so hard working and sweet!!! Your work is so appreciated!". Congratulations Maria on a job well done!

Camila Gonzalez Aragon, MD (PL3)



Dr. Camila Gonzalez Aragon received an NCHS-way e-Recognition from Dr. Marry Vuong, Clinical Pharmacist for her Excellent Performance. Dr. Vuona commented: "Cami, you are a super star senior!!! You spend so much time guiding, teaching, and helping our residents. Being the senior is a tough job, but you do it so well!!! Thank you for always giving everything your maximal effort. You are so appreciated!!". Congratulations Camila on a job well done!



Dr. Jake Lesser received an NCHS-way e-Recognition from Dr. Marry Vuong, Clinical Pharmacist for his Excellent Performance. Dr. Vuong "Jake. thank commented: you so much for your compassion for both our patients and our coworkers. You care so much of everyone and it truly shows!!! You are so appreciated!". Congratulations Jake on a job well done!



Milestones in Humanism and Professionalism

NCH Trainees Compliments and e-Recognitions (Cont'ed)



Daniela Albors -Agullo, MD (PL2)

Dr. Daniela Albors-Agullo received an NCHS-Way e-Recognition from Dr. Jennifer Thompson; Adolescent Medicine Fellow for her Excellent Performance. Dr. Thompson commented: "Daniela was an amazing resident. Always came in with a positive attitude and was an important part of the team. She will make a great pediatrician". Congratulations Daniela!!!

Danelis Hernandez, MD (PL2)



Dr. Dianelis Hernandez received an NCHS-Way e-Recognition from Dr. Jennifer Thompson; Adolescent Medicine Fellow for her Excellent Performance. Dr. Thompson commented: "Dianelis was an amazing resident. Always came in with a positive attitude and was an important part of the team. She will make a great pediatrician". Congratulations Dianelis!!!



Daniela Aguilar Abisad, MD (PL3)

Dr. Daniela Aguilar Abisad received an NCHS-Way e-Recognition from Dr. Stephanie Blount (PL1) for her **Excellent Performance**. Dr. Blount commented: **"Dani was my**

senior resident on 3 North overnight 11/18 and was covering another floor (3 South) at the same time. Despite being on a 24 hour call she was an amazing leader for both floors, helping with the huge influx of admissions on 3 South while still readily available to help me on 3 North with questions and admissions. ensuring great care for our patients. She has a positive outlook and does not give up when the shift gets tough. I'm so proud to learn from her and look up to her as a great person and leader". Congratulations Daniela!!!



Dr. Gabriela Lins received an NCHS-Way e-Recognition from Dr. Stephanie Blount (PL1) for her Excellent Performance. Dr. Blount commented: "Gabi was the senior on 5T while I was working nights on 3N and I had downtime to help on 5T. She was working consecutive days as night float and did not waver, consistently helping with the huge influx of admissions and being a leader to help us divide and conquer. She's also a pleasure to work with, having a positive and energetic outlook on the long list of tasks that 5T can accumulate. I'm very honored to be learning from her as well as being a friend of hers". Congratulations Gabby!!!



Stephanie Mangels, MD (PL2)

Dr. Stephanie Mangels received an NCHS-Way e-Recognition from Dr. Jennifer Thompson; Adolescent Medicine Fellow for her Excellent Performance. Dr. Thompson commented: "Steph was an amazing resident. Always came in with a positive attitude and was an important part of the team. She will make a great pediatrician". Congratulations Stephanie!!!





Dr. Andres Rodriguez received an NCHS-Way e-Recognition from Dr. Jennifer Thompson; Adolescent Medicine Fellow for his Excellent Performance. Dr. Thompson commented: "Andres was an amazing resident. Always came in with a positive attitude and was an important part of the team. He will make a great pediatric pulmonologist". Congratulations Andres on a job well-done!!!



Milestones in Faculty and Trainees Scholarly Activities

NCH Faculty and Trainees Continue to Showcase their Scholarly Work in Presentations and Publications

Publications

National Presentations

Dr. Ana Duarte and her coauthors published a manuscript titled: *"Managing Pediatric Psoriasis: Update on Treatments and Challenges - A Review"* in *Journal of Dermatology Treatment*, 2022, Vol 33(5): 2433-2442. Congratulations!!

Dr. Keith Meyer was one of the co-author for a published multi-institutional manuscript titled: "The Association of Teamwork and Adverse Tracheal Intubation - Associated Events in Advanced Airway Management in the PICU" published in Journal of Pediatric Intensive Care. 2022. Congratulations!!

ediatric Cardiology Fellowship at *Children's Hospital* of *Philadelphia* (*CHOP*)

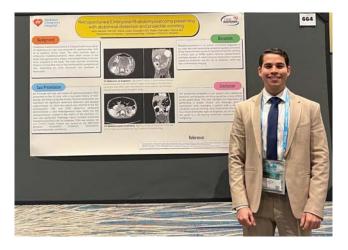
Drs Daniela Aguilar Abisad, Eva Glenn, Andrea Montano Ballesteros, Guido Alarcon, Alejandro Diaz, and Pedro Pagan published their manuscript titled: *"Thyroid Storm in Pediatrics: A Systematic Review"* in the *Journal of Endocrinology & Metabolism.* November 2022. Congratulations!! On November 16; 2022; Dr. Rani Gereige (DIO) presented virtual lecture titled: а "Individual Medical Emergencies Occurring at School: Are We Ready?" to the New York City School Physicians. The lecture was part of a symposium held by the New York City Department of Health and Mental Hygiene; Office of School Health; Medical Unit Team Meeting. A Continuing Medical Education for NYC School Physicians and NPs.

NCH Trainees Had Strong Presence at NASPGHAN 2022 meeting.

The annual NASPGHAN meeting was held in October 2022 in Orlando, FL. NCH residents and fellows had a strong presence at the meeting and presented numerous posters and presentations of their scholarly work. Congratulations!!! Below are pictures of two posters presented by Dr. Aldo Majluta, MD (PL2 resident)











Milestones in Faculty and Trainees Competition

NCH Faculty Claim Victory for Another Year in the Faculty versus Trainees Annual Softball Game

friendly competition of softball game of faculty versus trainees, the faculty claimed victo-

On November 13; 2022; in a ry again. The players and spectators along with families and friends enjoyed an outdoor picnic in the park along

with cheers and fun!!! Congratulations to all.



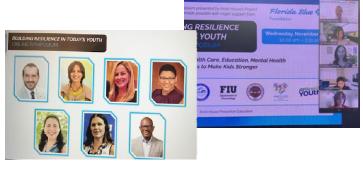
Milestones in Community Advocacy & Diversity, Equity & Inclusion (DEI) Activities

NCH Community Outreach & DEI Activities



Dr. Gereige Presents on Health Disparities at Kristi House Symposium

On **November 9; 2022**, **Dr.** Rani Gereige; DEI Physician Lead, represented NCH at Kristi's House Project Head-STRONG: Building Resilience in Today's Youth Virtual Symposium. Dr. Gereige's presentation focused on the "Rising Mental and Healthcare Needs and Disparities Among Children and Student Groups". The Symposium was attended by over 500 attendees from around the globe.



Project GE:NES Completes Its 4th Cohort

On November 16; 2022, Project GE:NES completed its 4th cohort. Project GE:NES is an ongoing after school program that focuses on increasing genomics literacy while simultaneously empowering Black youth to play an agentive role in their healthcare. It is Nicklaus Children's largest outreach education program. The project is a partnership between the Personalized Medicine and Health

Outcomes Research team at Nicklaus Children's Hospital and Overtown Youth Center (OYC); and the Miami Dolphins Foundation. Topics covered include DNA, inheritance & health, diversity and variation among humans, medical genetics & Personalized Medicine, and career development in STEAM fields among others. Several NCH Pediatric residents participated in the project in various cohorts since its inception. Congratulations to all involved!!!









Congratulations to Dr. Hernandez-Trujillo



Congratulations to **Dr. Vivian Hernandez-Trujillo** (Division Chief of Allergy-Immunology & Allergy-Immunology Fellowship Director) for receiving the **Woman in Allergy Immunology Award** from the American College of Allergy-Immunology at the 80th National meeting. Congratulations Dr. Hernandez-Trujillo on this welldeserved award and recognition. We are very proud of you!!!

Medical Education Birthdays

Novembe	r		December
T:ffam: Han	1		Maria Badino
Tiffany Han		· same of a	Pooja Musuku
Stephania Lairet	5		Jeanette Coriat
Claudia Mattos	5	· • ·	
Christina Perez-Arche	7		Eva Glenn
Joana Diaz	9		Jennifer Shamsian
Natalia Figueroa Ramos	9	DIDENDAY	Panagiota Sandoval
Andrew Garcia	10	BIRTHDAT	Alicia German Dihmes
Pavneet Sandhu	13	TO YOU!	Gabriela Lins
Andres Rodriguez	14	State State State State State	Veronica Echanove Iturralde
Natalie Fernandez	14		
Andrea Alonzo	22		Taimy Falcon Rodriguez



Department of Medical Education 3100 SW 62 Avenue Miami, FL 33155

Phone: 305-669-5873 | Fax: 305-669-6531

CME@Nicklaushealth.org nicklauschildrens.org/medicaleducation *Milestones in Medical Education* is the MCHS/Nicklaus Children's Hospital Medical Education Newsletter

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