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Milestones & Solution Milestones & Solution Medical Education M

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- Compliments & e-Recognitions
- Staff Recognition
- National Recognitions
- Scholarly Activities
- Fellowship Match
- Celebrations
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From the Editor

Medical Education Welcomes a New Milestones Year

This January issue of Milestones in Medical Education marks the beginning of the 14th year anniversary of the Newsletter. As I look at the past 13 years of milestones achieved in the Department of Medical Education, I feel a sense of excitement and pride toward what was achieved so far and what is yet to come. Many plans for solidifying and continued strengthening of the academic and educational mission of the institution through re-structuring, expansion, and numerous academic achievements of faculty and trainees.

This coming year, we will focus on our continued growth in terms of new training programs, strategic expansion of existing programs, and continued commitment to academic excellence. Here are few highlights of what is planned for the 2024 year:

 Continued commitment to eliminating health disparities and focus on health equity through education & the work of the DEI Champions and our trainees and faculty

- ♦ Alignment of fellowship training programs with the emerging NCH Institutes and strengthening the mission of the institutes through education, clinical care, and research. This involves opening new fellowships and strategic expansion of existing fellowships
- Focus on strengthening the Alumni engagement through our newly launched Alumni Network platform.
- ◆ Focus on faculty accomplishments and successes through tracking and measuring through our new Faculty Successes software.

In this issue of *Milestones in Medical Education*, we highlight several of the achievements of our Medical Education community of

faculty and trainees including:

- ◆ Trainees compliments and e-recognitions by staff, peers, colleagues, and patients/parents
- ♦ NCH Trainees and faculty continue to contribute to the peer-reviewed published literature
- Medical Education CME offerings are part of the department's mission
- ◆ The Departmental celebrations are part of our family values and teambuilding efforts

I hope that you enjoy this *Milestones* issue. We look forward to the next 2 months where we unveil our newly matched residents and prepare for graduation of our class of 2024.

Rani S. Gereige, MD, MPH, FAAP - DIO



Milestones in Faculty Development

The Inclusive Educator: Tips for Teachers in Medical Education on Making their Content More Inclusive

Medical educators, teachers of health professions, faculty speakers at national or local conferences are expected to provide an educational content that promotes diversity and health equity and avoid perpetuating systemic biases. To that effect, the Department of Medical Education is sharing this faculty development newsletter article to provide faculty with tips on presenting inclusive content in terms or images, language, and words used.

Creating Teaching Content - Words Matter

It is important to note that language is constantly evolving and this guide below will need to be continuously reviewed and edited. Below is a quick language guide for speakers/ teachers:

SEX & GENDER

Guiding Principles: Use language that identifies risk factors or anatomy without

assigning gender when referring to groups of people (see examples below). Sex describes genetic, anatomic, physiologic or phenotypic characteristics; gender is a social construct that includes an individual's feelings, perceptions, and expression. Neither sex nor gender are binary (for example, nonbinary gender and intersex).

SEXUAL ORIENTATION *Guiding Principles:* Use the language that the person self identifies with.

AGE

Guiding Principles: Use age groups (example: 40-60-year-old patients) when relevant. Use language that describes aging as a normal process and is separate from disease and disorder.

RACE & ETHNICITY **Guiding Principles:** When speaking of a group of people of a particular cultural de-

scent, use person centered language rather than culture or trait centered language.

SOCIOECONOMIC STATUS *Guiding Principles:* Use person first language when talking about people relative to their socioeconomic class and income. Beware of implied racial bias when discussing socioeconomic status.

HEALTH IDENTITIES

Guiding Principles: Overall, it's important to ask for preferences and be aware of how ableism can manifest in language. Most individuals within the Deaf and Deaf-Blind community prefer identity-first language, with capitalization, rather than person-first language. Also, people with autism might prefer identity-first language.

The Department of Medical Education will begin sharing the following guide below with all CME speakers to refer to and to help them make their content more inclusive:

Sex and Gender

Guiding Principles: Use language that identifies risk factors or anatomy without assigning gender when referring to groups of people (see examples below). Sex describes genetic, anatomic, physiologic or phenotypic characteristics; gender is a social construct that includes an individual's feelings, perceptions, and expression. Neither sex nor gender are binary (for example, nonbinary gender and intersex).

Words and Phrases to Avoid:	Words and Phrases to Use Instead:
Mankind, manmade	Humankind, human-made
Birth sex	Assigned sex or sex assigned at birth
Born a man, born a male, born a woman, born a female	Assigned male at birth (AMAB), assigned female at birth (AFAB)
Female to Male (FtM), Male to Female (MtF) [also: transvestite, transsexual]	Transgender man/woman/patient/person
Disorders of sexual development [also: hermaphrodite]	Intersex person/patient, differences of sexual development
"He/she," "him/her," "his/hers" when referring to a group of people that are not all of the same gender	"They," "them," "theirs"
"Women" and "men" when referring to groups with certain organs	If you are referring to people with a vagina, uterus, ovaries, etc. you can either describe the specific organs you are referring to or you can say "people assigned female/male at birth"
Pregnant women	Pregnant patients/people





Milestones in Faculty Development (Cont'ed)

The Inclusive Educator: Tips for Teachers in Medical Education on Making their Content More Inclusive

Sexual Orientation Guiding Principles: Use the language that the person self identifies with.			
			Words and Phrases to Avoid:
Gays, lesbians	Gay men, gay people; lesbian women, lesbian people		
Gay sex, lesbian sex	Men who have sex with Men (MSM), women who have sex with women (WSW)		
Homosexuality, homosexual	Persons experience of their sexual orientation; gay, lesbian, bisexual		
Sex	Define exactly what type of sexual activity is occuring. Ex: penile-vaginal Intercourse		
Married and single	Married and living together, married and living apart, partnered and living together, partnered and living apart, single		
4	Age		
Guiding Principles: Use age groups (example: 40–60-year-old patients) when relevent. Use language that describes aging as a normal process and is seperate from disease and disorder.			
Words and Phrases to Avoid:	Words and Phrases to Use Instead:		
The elderly, elderly people/patients, aging dependents	Older adults, geriatric patients		
Seniors, senior citizens	Specify an age range when possible		
Old people's home, old age home, old folks home	Retirement housing (independent living), assisted living, skilled nursing facility		
Senile person/patient	Person/patient with dementia (or whichever characteristic or disease is being described)		
Child bearing age, reproductive age	Use a specific age range or "people who menstruate" or "people who can become pregnant," depending on the group being described		
Race and Ethnicity			

Guiding Principles: When speaking of a group of people of a particular cultural descent, use person centered language rather than culture or trait centered language.

ramer man canare or man cernerea language.	
Words and Phrases to Avoid:	Words and Phrases to Use Instead:
"The Asians" [also: orientals]	Asian Americans, Asian Canadians, Asian students,
	Asian patients (Asian is acceptable when referring to
	individuals who live on continental Asia, but not when
	referring to people of Asian descent living in America
	or elsewhere)
"The Blacks" or "Blacks" [also: negro, colored,	African American, African Canadian, African,
Afro-American]	Black students, Black faculty, Black individual (African
	American should not be used to refer to all people of African descent because it obscures other origins)
HI P. H.C. AL P. A	Native American (Some prefer American Indian, be
"Indian" for Native Americans	sure to ask the individual what they prefer to be
	referred to as)
"The Mexicans" [also: beaners]	Person of Hispanic origin (refers to someone from
The Mexicano [also: beariers]	Spanish speaking countries), person from Mexico,
	person from Cuba, etc Latina, Latino, Latinx (refers
	to someone from Latin American countries)
"Whites"	White individuals, White Americans
"Minority" [also: colored people]	People of color (The word "Minority" implies less than,
	which people of color are not)
"Japanese-American, African-American,	Japanese American, African American, Mexican
Mexican-American"	American (It is best to use the unhyphenated terms)
"Illegal-immigrant" [also: illegal-alien]	Undocumented student, undocumented person
	(Including the term "illegal" strips down their identity
	to their legal status)





Milestones in Faculty Development - (Cont'ed)

The Inclusive Educator: Tips for Teachers in Medical Education on Making their Content More Inclusive

Socioeconomic Status Guiding Principles: Use person first language when talking about people relative to their socioeconomic class and income. Beaware of implied racial bias when discussing socioeconomic status.		
The poor, poor people, poverty striken	People from lower socioeconomic status (SES)	
The homeless, homeless people	People experiencing homelessness, people with unstable housing	
Inner-city, ghetto	Urban	
The projects	Affordable housing	
Welfare reliant	People receiving public assistance	
Health Identities		
Guiding Principles: Overall, it's important to ask for preferences and be aware of how ableism can manifest in language Most individuals within the Deaf and Deaf-Blind community prefer identity-first language, with capitalization, rather than person-first language. Also, people with autism might prefer identity-first language.		
Words and Phrases to Avoid:	Words and Phrases to Use Instead:	
AIDS victim	Person with AIDS	
Alcoholic	Person with alcohol use disorder	
Autistic person	Person with autism	
Diabetic, diabetic person	Person with diabetes	
Handicap parking, disabled restroom	Person with didbetes	
	Accessible parking/restroom	
Mentally ill		
	Accessible parking/restroom	
Meth addict, heroin addict, drug user Obese person	Accessible parking/restroom Person with a mental illness Person with substance use disorder Person with obesity	
Meth addict, heroin addict, drug user	Accessible parking/restroom Person with a mental illness Person with substance use disorder	

After Content is Creat-

Save the Date

Class of 2024

Graduation

Friday June

7th 2024

It is important that faculty refer to the checklist below that is created by the ACCME and check their content against the following checklist items:

to note that language is constantly evolving and this guide below will need to be continuously reviewed and edited. Below is a quick language quide for speakers/ teachers:

- Have you created content/ presentation that is culturally sensitive, diverse, accurate, balanced, and evidence based? (If available, have an expert from relevant background or experience with underrepresented population(s) review content/presentation.)
- Does the content include information pertaining to multiple races, gender identities, sexual orientation,

religions, ethnicity, etc.?

If not, why not?

- □ Does the content promote understanding of diverse perspectives including the values, attitudes, and behaviors that support cultural pluralism, if applicable?
- Does the content address social determinants of health, root causes of health disparities, factors that impact patient wellness, or provide any mitigating factors to improve patient outcomes?
- Are there images depicting diversity in terms of gender, race, and ethnicity as appropriate?
- □ Is the content free of images or words that reinforce ste- reotypes or misconceptions toward any population, eth-

nic group, or lifestyle?

Consider using a disclaimer regarding specific patient cases in the CE activity when a case does not represent characteristics of an entire population or group e.g. The following case is not representative of specific group or population.

References:

- American Psychological Association Equity, Diversity, and Inclusion Inclusive Language Guidelines: https://www.apa.org/about/apa/equity-diversity-inclusion/language-guidelines.pdf
- 2. ACCME: https://www.accme.org

Milestones in Humanism and Professionalism

NCH Trainees Compliments and e-Recognitions



Stephanie Blount, DO (PL2)

Dr. Stephanie Blount received an e-Recognition from Ms Luisa Angel; APRN Cardiology for her display of the NCHS Values. Ms Angel commented: "I would like to recognize Dr Blount for her dedication and performance during her rotation in the Cardiology floor service. Dr Blount was a hard worker during her rotation,

often going above and beyond her duties and responsibilities to make sure patients re-ceived the care they needed. She never left before the work was completed and often spent hours on the phone trying to solve issues for patients. She thought outside the box and was always willing to lend a helping hand whenever it was needed. She was always looking for learning opportunities and interested in finding out more about the history and disease process of her patients. It was a true pleasure working with her. ". Congratulations Stephanie!!!!



Manoj Chakiath, MD (Pediatric Cardiology Fellow)

Dr. Manoj Chakiath received an e-Recognition from Dr. Enrique Konstat Korzenny, Pediatric Resident for his Excellent Performance. Dr. Korzenny "Dr. commented: Manoi helped us through the first days of our rotation in Cardiology. He is truly interested in the wellbeing of his patients and makes time to teach his residents about cardiology. It has been an honor to learn alongside him". Congratulations Manoj for your team spirit.



Milestones in Staff Recognitions

Medical Education Department Members Recognitions

Ms Ana Otero, C-TAGME; Institutional GME Administrative Professional received an e-Recognition from Ms Ruth Baltodano; Infection Preventionist RN for her display of the NCHS Values. Ms Baltodano commented: "I wanted to recognize Ana for very swiftly working with me to get in contact with some providers. There was time sensitive information that I needed to relay to a provider and Ana did not hesitate to get me the doctor's contact information.

She was so helpful and gave me a kind and quick helpful hand. It's good to know that there are people that follow NCHS values and are always willing to work and collaborate with other teams. Thank you Ana!". Congratulations Ana!!!!



Milestones in Hospital National Recognition

NCH Named Receives Top Children's Hospital Designation

Nicklaus Children's Hospital was named a Top Children's Hospital nationally by The Leapfrog Group in an announcement that was released on 12/5/2023. The Top Hospital designation is bestowed by The Leapfrog Group, a national watchdog organization of employers and other purchasers widely acknowledged as the toughest standard-setters for healthcare safety and quality.

Top Hospitals were honored at the 2023 Leapfrog Annual Meeting and Awards Dinner in Washington, D.C. Over 2,100 hospitals were considered for the award. Among those, Nicklaus Children's received a Top Children's Hospital. A total of 132 top hospitals were selected as Top Hospitals, including:

- 8 Top Children's
- 35 Top General
- 15 Top Rural
- 74 Top Teaching

The quality of patient care across many areas of hospital performance is considered in establishing the qualifications for the award, including infection rates, practices for safer surgery, maternity care, and the hospital's capacity to prevent medication errors.

Nicklaus Children's Hospital

Over 2,100 hospitals were conwas named a Top Children's sidered for the award. Among amazing work of our entire Nick-



Milestones in Trainees & Faculty Scholarly Activities

NCH Trainees & Faculty Continue to Disseminate Their Scholarly Work in Print & on National Stages

Publications - Hot Off The Press!!!

Drs. Martinez, Totapally, Sendi, & Sachdeva were notified that their manuscript titled: "Racial Inequities in Mortality Rate in Hospitalized Children" was accepted for publication in the Journal of the National Medical Association journal. Congratulations!

Drs. Melendez, Majluta (Pediatric Residents), Medina, Restrepo, & Felipez were notified that their manuscript titled: "Can Vulvar Edema be the Presenting Sign of Crohn's Disease? A Case Series" was accepted for publication in the Journal of Pediatric Gastroenterology & Nutrition. Congratulations!!

Dr. Vivian Hernandez-Trujillo served as the Supplement Editor for "Best Articles Relevant to Pediatric Allergy, Asthma, & Immunology" published as a Supplement to Pediatrics; December 2023; 153(Suppl 3). Congratulations!!

Dr. Mario Reyes and his coauthors published their manuscript titled: "Trends in Low-Value Care Among Children's Hospitals" in the January 2024 issue of *Pediatrics* (153(1): e2023062492). Congratulations!!

PAS 2024 - Two Med Ed Workshops Accepted

Dr. Rani Gereige (DIO) was notified that his two workshop submissions were accepted for presentation at the PAS2024 meeting in Toronto in May 2024. The following are the two multi-institutional workshops:

1. "Inspiring Teachers Through a Best Practices Guide to Active Teaching & **Learning"** - Will be presented with other national educators members of the AAP COCME that Dr. Gereige chairs

2. "Avoiding the Plagiarism Trap" - Will be presented with national educators who are members of the Pediatrics in Review Executive Editorial Board.

NCH PICU Faculty and Trainees Will Have Strong Presence at the 2024 SCCM Meeting

The NCH PCCM Division Faculty, PCCM Fellows, and Pediatric Residents will have strong presence at the 2024 SCCM with 18 abstracts accepted for presentation. Below is the list of abstract titles and presenters:

- 1. "Predictive Value of B-Type Natriuretic Peptide in Critically III Children" - Presenter: Yulia Shtanko
- 2. "Hyperlactatemia Associated With Acute Leukemia in a Child: A Case Report" Presenter: Ghanavi Kumaran
- 3. "Etiologic Factors and Complications of Chylothorax in Children: A National Database Study" Presenter: Ghanavi Kumaran
- 4. "Transient Diabetes Insipidus in a Neonate After Discontinuation of Vasopressin" Presenter: Pooja Musuku
- 5. "Demographic and Clinical Characteristics of Children With DKA During and Before COVID-19 Pandemic" - Presenter: Paul Martinez
- 6. "The Effect of Hydration on the Estimated Plasma Vol-

ume Status in Children With Diabetic Ketoacidosis" - Presenter: Paul Martinez

- 7. "Clinical and Management Features of Children Presenting With Hypokalemia and Diabetic Ketoacidosis" - Presenter: Shalini Pandey
- 8. "Thrombotic Microangiopathy Syndromes in Children: An Analysis of the Kids' Inpatient Database" Presenter: Pooja Musuku (Winner of the Silver Snapshot Award)
- 9. "Chimeric Antigen Receptor T Cell (CAR-T) Therapy in Children" Presenter:

 Devarshi Desai
- 10."Primary Immune Deficiency and Hematopoietic Cell Transplant in U.S. Children From 2000 to 2019" Presenter: Caleb Murray
- 11."The Predictive Value of Platelet Indices in Determining Mortality in Critically III Children" - Presenter: Prithvi Raj Sendi
- 12."Effect of Direct Endotracheal Administration of Dornase Alfa in Children on Mechanical Ventilation" - <u>Presenter:</u> Rachel Siretskiy
- 13. "Pertussis Hospitalizations and Complications in Infants From 1997 to 2019" - Presenter: Camila Gonzalez Aragon
- 14."A Pediatric Case of Pneumatosis Coli With Associated Campylobacter Infection" - Presenter: Devarshi Desai



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Milestones in Trainees & Faculty Scholarly Activities

NCH Trainees & Faculty Continue to Disseminate Their Scholarly Work in Print & on National Stages (Cont'ed)

- 15. "Improving Sleep Hygiene in Pediatric Critically III Patients: A Quality Improvement Project" - Presenter: Camila De Avila
- 16. "Epidemiology and Outcomes of Group B Streptococcal Infections in Hospitalized Children in the U.S." -Presenter: Nicole Kathryne Sather
- 17. "Epidemiology of Antihypertensive Medication Poisoning

- the U.S." Presenter: Kate
- 18. "Analysis of Children Hospitalized With Sigmoid Volvulus in the United States From 2016 to 2019" - Presenter: Alaina Durkac
- Dr. Tiffany Han (Adolescent Medicine Fellow Class of 2023 Alumnus) was notified that her fellowship research project titled: "Comparing Efficacy of Nore-

in Hospitalized Children in thindrone Acetate versus Combined Oral Contraceptives in Patients with Acute Abnormal Uterine Bleeding" was accepted for poster presentation at the North American Society of Pediatric and Adolescent Gynecology (NASPAG) in April 2024.

> Congratulations to all presenters and their co-authors and mentors!!

Milestones in Fellowship Placement Match Results of Pediatric Residents

NCH Trainees Secure Strong Matches in Fellowships Across the Country and Specialties

In early-December, specialty match results came out. We are proud of our NCH trainees for their subspecialty match results. They will represent NCH in excellent institutions, programs, and across the country. Congratulations!!!!

Below are the results of the PL3 residents' match for subspecialty fellowships:

- 1. Khalifah Aldawsari, MD - Fellowship in Pediatric Cardiology; Univ. of CO School of Med, Denver,
- 2. Maria Elena Arrate, DO Fellowship in PEM; Children's National Hospital, Washington,
- 3. Devarshi Desai, DO -PCCM; Fellowship in Children's Hospital of Michigan, Detroit, MI
- 4. Louis Durkac, MD Fellowship in PEM; Inova *Fairfax*, Falls Church,
- 5. Andrew Garcia, MD -Fellowship in Allergy-

- Immunology; Larkin Community Hospital, Miami, FL
- 6. Keishla Gonzalez-Sanchez, MD - Fellowship in Pediatric Hematology-Oncology; Univ. of CO School of Med, Denver, CO
- 7. Courtney Hundzinski, DO - Fellowship in Pediatric Nephrology; Emory Univ School of Med, Atlanta, GA
- 8. Aldo Mailuta Yeb. MD -Fellowship in Pediatric Gastroenterology; Cincinnati Children's Hospital, Cincinnati, OH
- 9. Claudia Mattos, DO -Fellowship in Pediatric Cardiology; Univ of TX McGovern Med School, Houston, TX
- 10.Braden Olsen, MD -Fellowship in Pediatric Hematology-Oncology; Univ. of CO School of *Medicine*, Denver, CO
- 11.Camila Pabon, MD -Fellowship in Pediatric Hematology-Oncology; Baylor College of Med, Houston, TX

- Parra 12.Angela Del Freundt-Riego Thurne, MD - Fellowship in Pediatric Hematology-Oncology; Univ of UT School of Med, Salt Lake City, UT
- 13.Sandra Rios Melendez. MD - Fellowship in Pediatric Gastroenterology; Univ of TX Southwestern Med Center, Dallas, TX

Chief Residents:

- 1. Aleiandra Frauenfelder, MD; Chief Pediatric Resident (2023 - 2024); Nicklaus Children's Hospital, Miami, FL. Fellowship in Pediatric Hospital Medicine; Nicklaus Children's Hospital, Miami, FL
- 2. Camila Gonzalez MD; Chief Aragon, Resident Pediatric (2023 - 2024); Nicklaus Children's Hospital, Miami, FL. Fellowship in Pediatric Critical Care Medicine; Baylor College of Medicine, Houston, TX



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Milestones in Holiday Celebrations



The NCH Department of Medical Education Celebrates the Holidays with a Family-Friendly Gathering of the Med Ed **Family**

Part of the yearly tradition of the Department of Medical Education is to celebrate the holiday spirit with a familyfriendly gathering of the members of the Department including Department staff, trainees

ment leadership. This year, the NCH Med Ed family got together on December 14th 2023 at (medical & dental) and depart- Regatta Grove in Coconut Grove for a fun-filled evening.











Milestones in Fellows Social Celebrations

NCH Fellows' Social - Celebration of Mid-Academic Year



Nicklaus Children's Hospital Department of Medical Education held a social celebration organized by NCH Subspecialty Fellows. The social was held in late November at Monty's in Coconut Grove as a celebration of Mid-Academic Year and after Pediatric Fellows took their Pediatric Board Exam. The evening was a Happy Hour celebration of teamwork, networking, social interactions, and wellbeing with friends and colleagues.



Page 9 Milestones

Milestones in Faculty Promotions

Medical Education Department Faculty Promotion

Dr. Beatriz Cunill-De Sautu (Pediatric Residency Program Director) received the following faculty appointment promotions:

 Promoted from Clinical Assistant Professor to Clinical Associate Professor by the Florida International University Herbert Wertheim College of Medicine and its Appointment, Promotion, and Tenue Committee

Promoted to the rank of Clinical Associate Professor

by Nova Southeastern University Dr. Kiran C. Patel College of Osteopathic Medicine and its Faculty Credentialing Committee

Congratulations Dr. Cunill on these well-deserved professional achievements!!!



Milestones in CME News

The 59th Annual Pediatric Post-Graduate Course

Registration & Hotel room reservations opened for the 59th Annual Pediatric Postgraduate Course (PPGC) - The course will be held on March 22-24; 2024 at the brand new Loews Hotel, in beautiful Coral Gables. The course will provide 16 Hours of CME Credits and 16 Points of ABP MOC part 2 Points.

of ABP MOC part 2 Points. The course features three hours included in the general registration with topics that meet the DEA MATE Act with an additional optional 3 hours (6 hours total).

The 2024 PPGC course will feature a blend of general sessions and hands-on interactive workshops. Live Spanish Translation will be provided to live attendees. Portions of the course (11 Hours of CME) will be recorded and released in May 2024 as an on-demand course which will not include the interactive workshops.

Join us for the live course, network with colleagues, visit with the exhibitors, and learn from our national experts, host faculty and guest faculty. See you in March 2024 at the 59th Annual PPGC. The course is designed

for practical tips and hot topics in pediatric care. Register today at www.ppqcpip.com.







Happy Holidays!!! From Our Family to Yours!!!



Medical Education &

Medical Staff

(Medical Administration)

Medical Education Birthdays

January		
Abdullah Alghannami	2	
Ifrah Waheed	3	
Alejandra Cotto	4	
Aldo Majluta Yeb	5	
Camila Gonzalez Aragon	5	
Emma Sanz	7	
Stephanie Mangels	18	
Daniela Castro	23	
Claudia Moraga	28	



February		
Freddy Martin	3	
Natalie Trotto	4	
Angela Parra del Riego	7	
Andrea Montano Ballesteros	8	
Jonathan Creech	11	
Courtney Hundzinski	16	
Manoj Chakiath	18	



Department of Medical Education 3100 SW 62 Avenue Miami, FL 33155

Phone: 305-669-5873 | Fax: 305-669-6531

CME@Nicklaushealth.org

nicklauschildrens.org/medicaleducation

Milestones in Medical Education

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To Teach is To Touch a Life Forever