



Nicklaus
Children's
Hospital



Pediatric Postgraduate Course Perspectives in Pediatrics

Practical Updates and Cutting Edge Topics for Pediatricians

Founded by Dr. Donald H. Altman

AGENDA

February 27 - March 1, 2020

Diplomat Beach Resort
Hollywood, Florida

1-800-445-9340
ppgcpip.com



Accreditation Statement

Nicklaus Children's Hospital is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



Designation Statement

Nicklaus Children's Hospital designates this live activity for a maximum of 20 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

An e-mail will be sent to participants on how to claim their credits and obtain a CME certificate within 6 to 8 weeks following the completion of the educational activity.

Faculty/Planner Disclosure Policy

In accordance with the Accreditation Council for Continuing Medical Education's Standards for Commercial Support, all planners, teachers, and authors involved in the development of CME content are required to disclose to the accredited provider their relevant financial relationships. Relevant financial relationships will be disclosed to the activity audience.

The Staff and the Planners of this event had no conflict of interests or financial relationships to disclose.



ABP MOC Recognition Statement:

Successful completion of this CME activity, which includes participation in the activity, and individual assessment of and feedback to the learner, enables the learner to earn up to 20 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit. (PARS Course ID 201338654)

MOC Part 2 Points

In the 2020 PPGC, the CME program is approved by the American Board of Pediatrics (ABP) for a maximum of up to **20 MOC Part 2 Self-Assessment Points**. Only physicians certified by the American Board of Pediatrics and its specialties can claim a maximum of 20 MOC Part 2 points.

In order to claim the MOC Part 2 points, physicians must also meet the following criteria:

1. Register specifically for an MOC Part 2 package during registration for the PPGC Course (\$50 additional fee or two-day MOC Part 2 Package)
2. Claim credit only for the live sessions they attended
3. Complete and submit the daily MOC Part 2 self-reflection workbook at the end of each day.
4. Participants claiming MOC2 will be given feedback on the self-reflection exercise

Faculty Disclosure/Conflict of Interest Resolution Statement

The "Conflict of Interest Disclosure Policy" of Nicklaus Children's Hospital requires that faculty participating in any CME activity disclose to the audience any relationship(s) they have or their Spouse/Partner has with a pharmaceutical or equipment company.

Conflicts of interests disclosed are resolved prior to the activity. Any presenter whose disclosed relationship proves to create a conflict of interest that cannot be resolved, with regard to their contribution to the activity will not be permitted to present.

Nicklaus Children's Hospital also requires that faculty participating in any CME activity disclose to the audience when discussing any unlabeled or investigational use of any commercial product or device not yet approved for use in the United States.

Whenever a faculty member has reported financial relationships with one or more commercial interests, Nicklaus Children's Hospital works with them to resolve such conflicts prior to the course to ensure that the content presented is free of commercial bias.

The content of the presentation is required to meet this standard:



- A slide will be prepared addressing disclosures;
- Disclosures will also be added to handouts and the syllabus;
- Disclosures will be announced by the moderator verbally to participants.
- Content is peer-reviewed by a member of the CME committee prior to the course.

We have notified our speakers that we will be disclosing this information to our learners before their presentation and together we have decided on the following strategy(ies) to resolve conflicts of interest:

- Peer-review of the presentation prior to the course
- A slide addressing his/her disclosures.
- Disclosures will also be added to handouts and the syllabus in addition.
- Disclosures will be announced by the moderator verbally to the participants.
- Sessions are monitored by a planning group members

All COIs have been resolved prior to the conference.

Americans with Disabilities Act

Nicklaus Children's Hospital fully complies with the requirements of the ADA and with the rules and regulations thereof. If any participant of the Nicklaus Children's Hospital Pediatric Postgraduate Course, "Perspectives in Pediatrics" is in need of special accommodations, please contact the course registrar.

Commercial Support

This live activity is partially supported by an educational grant from Mead Johnson Nutrition.

AGENDA

Day 1 Thursday, February 27, 2020

8:00 a.m. - 9:30 a.m.	Registration and Breakfast
9:30 a.m. - 9:40 a.m.	Welcome and Opening Remarks
Moderator: Nolan Altman, MD	
9:40 a.m. - 10:20 a.m.	<p>P1- PLENARY SESSION – The Donald Altman Annual Lectureship – Artificial Intelligence: Threat or Opportunity?</p> <p>Seth Crapp, MD, DABR</p> <p><i>(This session pays tribute to Dr. Donald Altman, a Pediatric Radiologist who established the Pediatric Post-Graduate Course.)</i></p> <p><i>Learning Objectives:</i></p> <ol style="list-style-type: none"> 1- Understand the definition of artificial intelligence (AI) & gain basic understanding of how AI relates to healthcare 2- Review various forms of AI and its application in medicine 3- Learn future implications for healthcare in the age of AI
10:20 a.m. - 10:25 a.m.	Q&A
Moderator: Beatriz Cunill-De Sautu, MD	
10:25 a.m. - 10:55 a.m.	<p>S101- It is a Team Sport: Powerful Physician-Family Partnership to Care for Children with Special Needs</p> <p>Wendy Bellack</p> <p><i>Learning Objectives:</i></p> <ol style="list-style-type: none"> 1- Have an increased understanding of ways to partner with families 2- Develop ideas for more productive interactions with patients who have special needs



10:55 a.m. - 11:00 a.m.	Q&A
11:00 a.m. - 11:30 a.m.	<p>S102- Screening for and Managing Depression in Children and Youth in the Primary Care Setting</p> <p>Gilbert Smith, DO</p> <p><i>Learning Objectives:</i></p> <ol style="list-style-type: none"> 1- Be able to screen, diagnose, and treat depression in children and youths 2- Review current guidelines for depression in children and youths 3- Understand psychotropic treatment for depression
11:30 a.m. - 11:35 a.m.	Q&A
11:35 a.m. - 12:05 p.m.	<p>S103- New Pediatric Drugs on the Horizon</p> <p>Marilyn Torres, PharmD</p> <p><i>Learning Objectives:</i></p> <ol style="list-style-type: none"> 1- Define innovative vs off-label use of medications in pediatrics 2- Explain the process of how new pediatric medications obtain FDA approval 3- Introduce gene therapies and other new treatment options
12:05 p.m. - 12:10 p.m.	Q&A
12:10 p.m. - 2:30 p.m.	LUNCH & LEARN BREAKOUTS
12:10 p.m. - 12:30 p.m.	LUNCH (For Breakout Session Participants)

CONCURRENT BREAKOUTS	
12:30 p.m. - 2:30 p.m.	<p>B-1A: Breakout#1– “Cases I Learned From” (4 Specialties)</p> <p>Lydia Shrier, MD, MPH (Adolescent Medicine)</p> <p>Roberto Warman, MD (Ophthalmology)</p> <p>Verena Schreiber, MD (Orthopedics)</p> <p>Alicia Della Volpe, MD (Pulmonology)</p> <p><i>(This workshop is a case-based discussion of interesting cases presented by 4 different specialties.)</i></p>
12:30 p.m. - 2:30 p.m.	<p>B-1B: Breakout#2– “Office Procedures You Can Bill For”</p> <p>Jose Vargas-Loayza, MD (Workshop Lead)</p> <p>Ana Ramos, MD</p> <p>Alejandro Frade, MD</p> <p>Ria Dindial, MD</p> <p><i>(This breakout session will feature hands-on stations where attendees can learn about and practice common office-based procedures that the practice can bill for)</i></p>
2:30 p.m.	ADJOURN
2:30 p.m. - 3:00 p.m.	<p>MOC2 Corner – Feedback Day 1 – In Exhibit Hall</p> <p>(For MOC Registrants Only)</p>



Day 2 Friday, February 28, 2020	
7:30 a.m. - 8:20 a.m.	Registration and Breakfast
8:20 a.m. - 8:30 a.m.	Welcome and Opening Remarks
NUTRITION UPDATE	
Moderator: Leyanee Perez, RD, LDN	
8:30 a.m. - 9:00 a.m.	<p>S201– Plant-Based Diets for Children: Pros & Cons</p> <p>Nicole Dulzaides, MS, RDN, LDN</p> <p><i>(Plant-based diets have been emerging as preferred diets by parents. In many instances parents ask pediatric clinicians about providing a plant-based diet to their children. This session will highlight the pros and cons of using plant-based diets in children highlighting the safe way to implementation)</i></p>
9:00 a.m. - 9:05 a.m.	Q&A
9:05 a.m. - 9:35 a.m.	<p>S202– Food Interactions with Common Medications to be Aware of</p> <p>Marry Vuong, PharmD</p> <p><i>Learning Objectives:</i></p> <ol style="list-style-type: none"> 1- Introduce common food and drug interactions 2- Discuss helpful counseling points for patients about food and drug interactions 3- Work through a patient case with the knowledge obtained
9:35 a.m. - 9:40 a.m.	Q&A



Moderator: Leyanee Perez, RD, LDN	
9:40 a.m. - 10:20 a.m.	P2- PLENARY SESSION – A Public Health Crisis: e-Cigarettes, Vaping, & JUUL Susan C. Walley, MD, CTTS, FAAP <i>Learning Objectives:</i> <ol style="list-style-type: none"> 1- Provide an overview of electronic cigarettes and epidemiology of youth use 2- Review the health effects of electronic cigarettes 3- Review AAP recommendations for addressing youth electronic cigarettes use
10:20 a.m. - 10:25 a.m.	Q&A
10:25 a.m. - 10:55 a.m.	BREAK
Moderator: Marisa Azaret, PsyD	
10:55 a.m. - 11:40 a.m.	S203- Top Published Articles in 2019 that May Change Your Practice Rani S. Gereige, MD, MPH <i>Learning Objectives:</i> <ol style="list-style-type: none"> 1- Be aware of top articles published in 2019 that might have an impact on practice 2- Review the evidence behind some of the recommendations of selected studies and address strengths and limitations of study designs 3- Highlight articles with useful recommendations that might lead to practice change in pediatrics
11:40 a.m. - 11:45 a.m.	Q&A

Mental Health Primer	
11:45 a.m. - 12:05 p.m.	S204- Clinical Update on Anxiety Disorder in Children Marina G. Villani Capó, Psy.D. <i>Learning Objectives:</i> <ol style="list-style-type: none"> 1- Identify anxiety symptoms amongst different age groups 2- Review the latest evidence-based treatments for anxiety 3- Determine appropriate screeners and clinical recommendations for identified patients
12:05 p.m. - 12:20 p.m.	S205- Patient Perspective: On Overcoming the Incapacitation of Anxiety Disorder Amanda Albuquerque <i>(Hear from a patient who was impacted by anxiety disorder and how the patient managed to overcome the incapacitation of daily life due to anxiety disorder)</i>
12:20 p.m. - 12:25 p.m.	Q&A
12:25 p.m. - 2:45 p.m.	LUNCH & LEARN BREAKOUTS
12:25 p.m. - 12:45 p.m.	LUNCH (For Breakout Session Participants)
CONCURRENT BREAKOUTS	
12:45 p.m. - 2:45 p.m.	B-2C: Breakout#3- Motivational Interviewing: A Tool You Can Use Lydia Shrier, MD, MPH <i>(Motivational Interviewing has emerged as an office-based tool that clinicians can use to change behavior. Its effectiveness has been demonstrated in managing obesity, smoking cessation, and other behavior-based habits. This breakout session will give the opportunity for attendees to learn more about motivational interviewing and practice it)</i>

12:45 p.m. - 2:45 p.m.	B-2D: Breakout#4- Office Gadgets & Gizmos <ul style="list-style-type: none"> • Anaphylaxis and Epi delivery devices • Asthma Meds Delivery Devices • Diabetes Management Tools & Pumps Vivian Hernandez-Trujillo, MD (AI) Camile Ortega, DO (AI) Melissa Cardenas-Morales, MD (AI) Daniel Urschel, MD (AI) Helen Lee, PharmD, BCPS (Pharm) Spencer Phillips, PharmD (Pharm) Vanessa Tomm, PharmD (Pharm) Adriana Carrillo, MD (Endo) Awilda Valdes, RNCDE (Endo) Monica Grimaldi, RDN, LDN, RDCDE (Endo) <i>(The general pediatric office has the challenge of keeping up with new medication delivery methods and technologies that assist with care delivery. From new devices for anaphylaxis management to new delivery methods for asthma and diabetes medications; the primary care office not only has to be aware of them but also needs to teach patients and families and answer their questions. This breakout session is aimed at discussing new gadgets and practicing their use)</i>
2:45 p.m.	ADJOURN
2:45 p.m. - 3:15 p.m.	MOC2 Corner – Feedback Day 2 – In Exhibit Hall (For MOC Registrants Only)



Day 3 Saturday, February 29, 2020	
7:30 a.m. - 8:20 a.m.	Registration and Breakfast
8:20 a.m. - 8:30 a.m.	Welcome and Opening Remarks
HOT TOPICS IN PRIMARY CARE	
Moderator: Jefry Biehler, MD, MPH	
8:30 a.m. - 9:00 a.m.	S301– What’s Underneath the Rash? - Dermatologic Manifestations of Systemic Illnesses Ana Duarte, MD <i>Learning Objectives:</i> <ol style="list-style-type: none"> 1- Diagnose atopic dermatitis and identify associations and treatments 2- Diagnose vascular birthmarks and identify associations and treatments 3- Diagnose common pediatric dermatoses and identify associations and treatments
9:00 a.m. - 9:05 a.m.	Q&A
9:05 a.m. - 9:35 a.m.	S302- Calling the Surgeon!!! Surgical Emergencies in the Primary Care Office Juan Calisto, MD <i>(When does the primary care clinician need to call a surgeon emergently? This session will highlight the surgical emergencies that could potentially be encountered in the primary care office that will require emergent surgical intervention)</i>
9:35 a.m. - 9:40 a.m.	Q&A



Moderator: Jefry Biehler, MD, MPH	
9:40 a.m. - 10:20 a.m.	P3- PLENARY SESSION – Real Wisdom from Thriving Physicians Benjamin Doolittle, MD, MA <i>(Data have shown an increase in the rates of depression, suicide, and burnout amongst health care providers over the rates of the general population. This session highlights the reality of burnout issues faced by clinicians and provides tools and ideas for promotion of wellbeing and for burnout mitigation)</i>
10:20 a.m. - 10:25 a.m.	Q&A
10:25 a.m. - 10:55 a.m.	BREAK
Moderator: Mario Reyes, MD	
10:55 a.m. - 11:40 a.m.	S303- Common Sports Injuries: Clinical Approach & Radiologic Correlations Ricardo Restrepo, MD Christian Gerstenkorn, ATC/L <i>(Sports injuries are often seen in the primary care office, urgent care, or emergency department. In this session, a Primary Care Sports Medicine specialist will review the clinical presentation and approach to common sports injuries and a pediatric radiologist will correlate the clinical diagnosis with radiographic findings highlighting which type of radiograph best to order and when)</i>
11:40 a.m. - 11:45 a.m.	Q&A



Human Trafficking Primer	
11:45 a.m. - 12:05 p.m.	S304- The Red Flags of Human Trafficking for the Pediatric Clinician Kristy Nunez, Esq <i>(Human trafficking has been on the rise most likely due to increased awareness. Human trafficking is impacting teens and is seen in our communities. Pediatric clinicians must be able to identify red flags related to human trafficking and know how to approach the situation if suspected)</i>
12:05 p.m. - 12:20 p.m.	S305- Patient Perspective: Human Trafficking: A Problem Closer to Home than You Think Shanika Ampah, LPN <i>(Hear from a patient who was a victim of human trafficking. Learn the red flags and the patterns that pediatric clinicians should be able to identify)</i>
12:20 p.m. - 12:25 p.m.	Q&A
12:25 p.m. - 2:45 p.m.	LUNCH & LEARN BREAKOUTS
12:25 p.m. - 12:45 p.m.	LUNCH (For Breakout Session Participants)
CONCURRENT BREAKOUTS	
12:45 p.m. - 2:45 p.m.	B-3E: Breakout#5- First Do No Harm: Wisely Choosing What Not to Do Susan C. Walley, MD, CTTs Joshua Tarkoff, MD Saima Aftab, MD <i>(The Choosing Wisely Campaign has used an evidence-based approach to decrease waste, practice high-value care, and in many situations avoid exposing patients to unnecessary risks/ harms. This breakout session will highlight selected and relevant focus areas of choosing wisely and the rationale behind the recommendations)</i>


12:45 p.m. - 2:45 p.m.	<p>B-3F: Breakout#6- What to Do While Waiting to See the Specialist? (4 Specialties)</p> <p>What to do if you see a patient with suspected:</p> <ul style="list-style-type: none"> • Patient with suspected IBD John Peters, DO (Gastroenterology) • Patient with Dysfunctional Uterine Bleeding Shaketha Gray, MD* (Adolescent Medicine) • Patient with Short Stature Pedro Pagan, MD (Endocrinology) • Patient with elevated BP Obioma Nwobi, MD (Nephrology) <p><i>(This session highlights what pediatricians can do, what tests to order, or what treatments to begin while waiting to see the specialist)</i></p>
2:45 p.m.	ADJOURN
2:45 p.m. - 3:15 p.m.	MOC2 Corner – Feedback Day 3 – In Exhibit Hall (For MOC Registrants Only)

NON-CME EVENT	
3:30 p.m. - 6:00 p.m.	<p>RECEPTION</p> <p>"An Adventure in Pediatrics: 70 Years of Progress at Nicklaus Children's Hospital" (70th Anniversary Celebration)</p>



DAY 4 Sunday, March 1, 2020	
7:30 a.m. - 8:20 a.m.	Registration and Breakfast
8:20 a.m. - 8:30 a.m.	Welcome and Opening Remarks
PEDIATRIC INFECTIOUS DISEASE UPDATE	
Moderator: Beatriz Cunill-De Sautu, MD	
8:30 a.m. - 9:00 a.m.	<p>S401- Adolescent Immunization Update Mary Ann Jackson, MD</p> <p><i>Learning Objectives:</i></p> <ol style="list-style-type: none"> 1- Understand emerging trends in the epidemiology of vaccine-preventable infections in teens 2- Effectively utilize vaccines in the teen population 3- Develop a strategy to improve teen vaccine coverage in your practice
9:00 a.m. - 9:05 a.m.	Q&A
9:05 a.m. - 9:35 a.m.	<p>S402- Vector-Borne Diseases: Part I (Tick-Borne) Jennifer Read, MD, MPH</p> <p><i>Learning Objectives:</i></p> <ol style="list-style-type: none"> 1- Recognize that the epidemiology of vector-borne diseases reflects the characteristics of the specific vector, including the vector's known geographic distribution 2- Understand the diagnosis and management of the most common tick-borne diseases in the U.S. – Lyme disease, anaplasmosis and ehrlichiosis, and Rocky Mountain Spotted Fever
9:35 a.m. - 9:40 p.m.	Q&A

Moderator: S. Anthony Wolfe, MD, FACS, FAAP	
9:40 a.m. - 10:20 a.m. 	P4- PLENARY SESSION – The Millard Lecture – Gender Affirming Surgery Thomas Satterwhite, MD <i>(This plenary session pays tribute to Dr. Millard, a Pediatric Plastic Surgeon. This annual lectureship will feature a national expert in the field)</i>
10:20 a.m. - 10:25 a.m.	Q&A
10:25 a.m. - 10:55 a.m.	BREAK
Moderator: Rani S. Gereige, MD, MPH	
10:55 a.m. - 11:25 a.m. 	S403- Management of Infants at Risk of GBS Disease Mary Ann Jackson, MD <i>Learning Objectives:</i> 1- Understand the epidemiology of GBS disease 2- Utilize risk-assessment strategies to guide interventions in infants with GBS risk 3- Define pharmacokinetic and pharmacodynamic dynamics of antibiotics used for IAP
11:25 a.m. - 11:30 a.m.	BREAK

11:30 a.m. - 12:00 p.m. 	S404- Vector-Borne Diseases: Part II (Other vectors) Jennifer Read, MD, MPH <i>Learning Objectives:</i> 1- Recognize that the epidemiology of vector-borne diseases reflects the characteristics of the specific vector, including the vector's known geographic distribution 2- Understand the diagnosis and management of the most common vector-borne diseases in the U.S. transmitted by other than ticks 3- Understand the diagnosis and management of Chagas disease and of major diseases spread by Aedes mosquitoes (dengue, Zika)
12:00 p.m. - 12:05 p.m.	Q&A
12:05 p.m.	CLOSING REMARKS & ADJOURN
12:05 p.m. - 12:30 p.m.	MOC2 Corner – Feedback Day 4 – In Exhibit Hall (For MOC Registrants Only)



National Guest Faculty

Amanda Alburquerque

"Patient Perspective" Speaker
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Shanika Ampah, LPN

"Patient Perspective" Speaker
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** Denotes Scientific Planning Committee Member*

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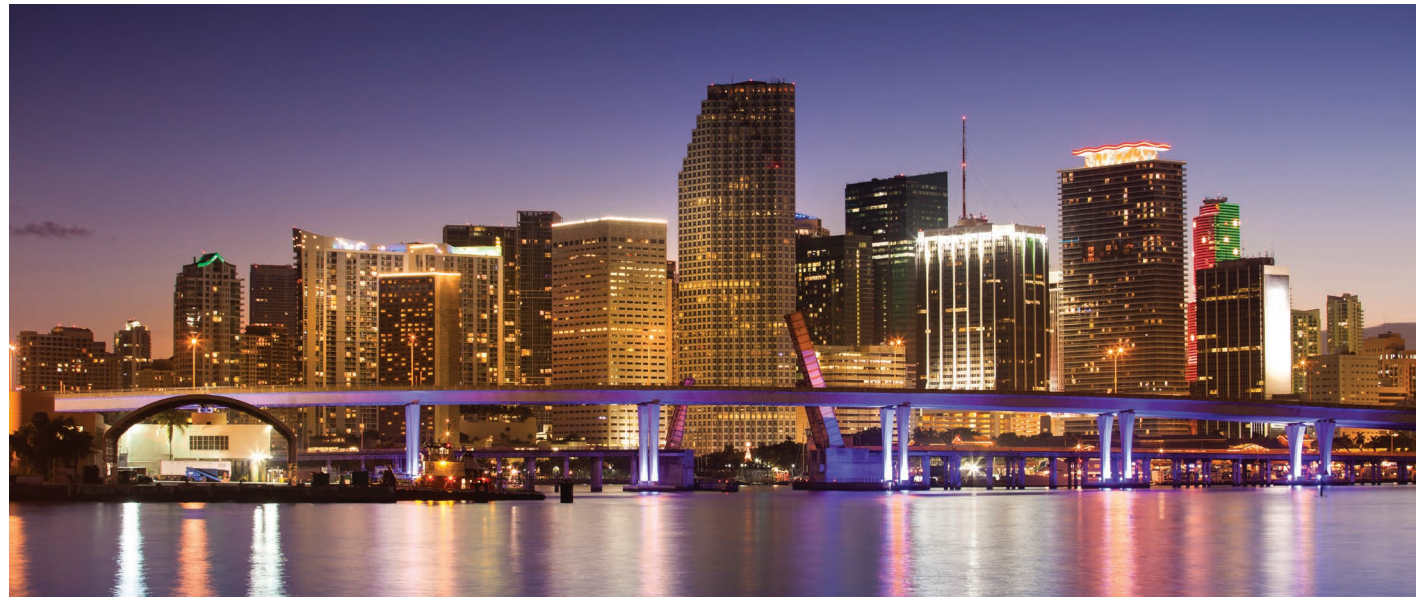
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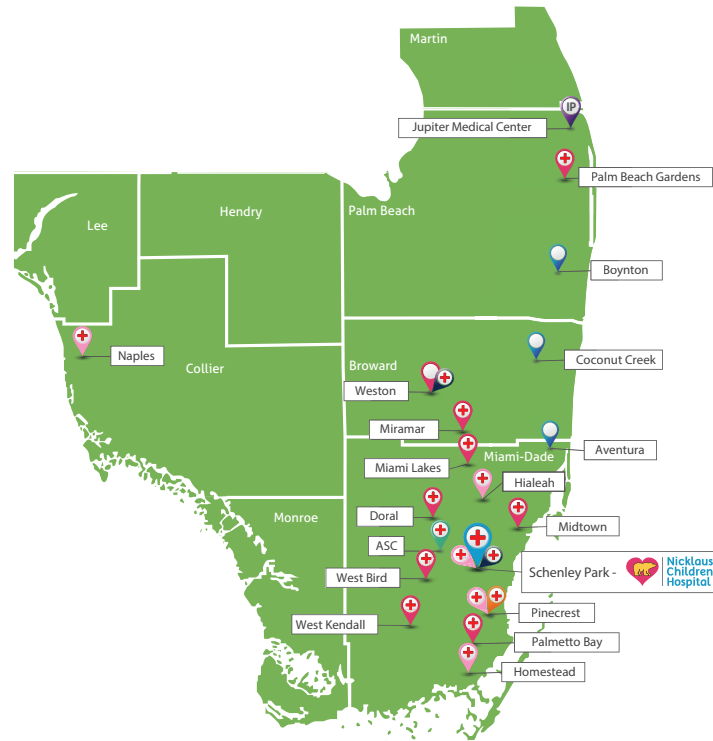
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Ana Duarte, MD	Self	Novartis		Grant or Research Support	None
		Regeneron Sanofi		Grant or Research Support	
		Pierre-Fabre		Speaker’s Bureau	
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