## 2024 – 2025

### Dental Resident Benefits in Brief

<table>
<thead>
<tr>
<th>Stipends</th>
<th>Flexible Spending Account</th>
</tr>
</thead>
<tbody>
<tr>
<td>PL-1 $64,916.80</td>
<td>Family &amp; Medical Leave of Absence</td>
</tr>
<tr>
<td>PL-2 $67,662.40</td>
<td>Employee Assistance Program</td>
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</tbody>
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### Vacation
Housestaff are allowed 28 days of paid vacation each academic year.

### Sponsored Courses
PL2 residents may attend the AAPD Qualifying Examination prep course in February upon approval by the Program Director. PL2 residents may attend the AAPD Annual Session in May upon meeting research requirements and approval by the Program Director. BLS and PALS certification courses are provided as part of the PL1 orientation. PL-2 AAPD Qualifying Examination maybe reimbursed upon approval by the program director.

### Food
Lunch is provided at the daily teaching conferences. Food provided when on-call overnight with a card swiping system. $1,750 per academic year.

### Annual Program Activities
2-week Orientation (Mandatory)  
Holiday Party  
Faculty vs Trainees Softball Game & BBQ Picnic (Med Ed Invite)  
Other program team-building activities  
Graduation Ceremony & Dinner  
Dance  

### Insurance

#### Medical Insurance
Subsidized medical insurance coverage is available and becomes effective the first day of NCH employment. There are both HMO and PPO options.

#### Dental Insurance
Subsidized dental insurance is also available. There are both HMO and PPO options.

#### Disability & Life Insurance - Basic
Basic disability and life insurance is provided at no cost to the resident. Additional coverage may be purchased at reasonable rates.

#### Medical Malpractice
Malpractice coverage is provided for all house officers performing within the scope of their duties.

### Other Optional Insurance

<table>
<thead>
<tr>
<th>Insurance Type</th>
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<tbody>
<tr>
<td>Supplemental Short Term &amp; Long Term Disability</td>
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<tr>
<td>Accidental Death and Dismemberment</td>
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<tr>
<td>Supplemental Life Insurance</td>
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<tr>
<td>Dependent Life Insurance</td>
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<tr>
<td>Vision Insurance</td>
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<tr>
<td>Legal Plan</td>
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<tr>
<td>Pet Insurance</td>
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<tr>
<td>Cancer Protection</td>
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<tr>
<td>Critical Illness</td>
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### Additional Benefits

- **Employee Assistance Program**
- **Professional Educational Allowance**  
  Up to $2,800 per resident is available for expenses in approved professional education activities mentioned under Sponsored Courses.

- **Computer and Library Services**  
  Computers for housestaff use are available in the housestaff call-room area, on inpatient wards, in the library, and throughout the hospital. They can also be used to access the physician portal, previous medical records, lab results, and x-ray computer applications (PACS). Resource information can be accessed via online searches, interlibrary loans, 24 hour library access, and access to Ovid, MD Consult, and Up to Date.

- **Miscellaneous**
  - Free Parking
  - Lab Coats & Scrubs
  - Annual Hospital Activities
  - Automatic Payroll Deposit
  - ATM Machine
  - On-site Fitness Center & Programs
  - On-site Pharmacy
  - Entertainment Discount
  - Notary Services
  - NCH Way Training